

**CLATSOP CARE HEALTH DISTRICT  
BOARD OF DIRECTOR'S MEETING  
April 6<sup>th</sup>, 2023  
Regular Meeting Minutes**

**I. CALL TO ORDER**

Linda Crandell called the meeting to order at 12:00pm at Clatsop Memory Care in Warrenton Oregon.

A. Roll Call: present = P excused = E absent = A

<b>Board Members</b>		<b>Management</b>	
Linda Crandell	P	Mark Remley Aidan Health Services	E
Mike Aho	P	Kimberly Sornson Aidan Health Services	P
Paul Radu	E	Kendra Webb, Administrator CCHR	P
Mary Nauha	E	Lauren Beard Administrator CRV	P
Melissa Watson via phone	P	Hannah Ross Administrator CCMC	P
Chuck Meyer	P	Debi Martin IHC Director	P
Megan Lampson	P	Danielle Sampson	P
		<b>Other staff</b>	
		Michael Martin, Marketing	P
		<b>Members of the public</b>	
		Kara Cooper, NP	P
		Stacey McKenney	P
		Dr. Roy Little	P

**II. CONSENT AGENDA**

A. Agenda approval.

Linda Crandell commented that the Market study for SNF and IL will be removed from the agenda. Mike made a motion to approve this change, and Chuck Meyer seconded the motion. All said aye.

B. Approval of regular meeting minutes. Megan Lampson made a motion to approve the minutes from the March meeting, Mike Aho seconded. All said aye.

**III. PUBLIC COMMENT** This is an opportunity for anyone to give a 3-minute presentation about any item on the agenda OR any topic of board concern that is not on the agenda.

Dr. Roy Little commented that Dr. Duncan had also hoped to be here today but he is out of town and sends his best wishes to everyone. He wants to share some of his concerns about the current Medical Director model that is being utilized at the care center. Up until December 31<sup>st</sup>, 2022 the medical director was a local doctor that was seeing the residents throughout the month. Now the medical director comes out once per month and Dr. Flores comes out once per month as well. When there are new admits, how are they seeing the medical director to adhere to the legal requirements? What about patient changes throughout the month? Before the medical director would get a call if there were changes needed and they would go over to see the resident at the care center. Columbia Memorial Hospital is currently trying to see lower ER visits. Is this something that the care center is tracking? Dr. Duncan and I would like to see a local physician be the medical director and believe that would serve the care center the best. We ask that be at the forefront of the search and the goal for a long term medical director. We both will help however we can to help find someone. If someone local, like Dr. Kayes, could be the medical director we feel it would serve the residents the best.

Linda Crandell commented that the current set up is not a forever plan, but we needed a medical director, and this was a good solution for our need. She thanked Dr. Little for bringing these concerns and points to the board.

Kimberly Sornson commented in response to the concerns brought up by Dr. Little, Dr. Kayes is completely overloaded on her current case load that there are times when facilities are waiting for up to a week to get a response to faxes about medical care for her patients that are residents in the Care District. With Kara Cooper's office we wait 40 minutes or less to receive a response back for anything and we are also able to have telehealth appointments with the residents upon admission or whenever they need one. When we were looking for a medical director CMH was not wanting to partner when we talked with them about using one of their physicians. Dr. Flores comes to see all new residents and sees them within 3 days via telehealth to fulfill the requirements.

**IV. CLATSOP BOARD EDUCATION PRESENTATION**

**A. Kara Cooper, NP**

Kimberly Sornson introduced Kara Cooper, NP the Medical Director for the care center. Kara Cooper is a Nurse Practitioner in year 13 of visiting patients. She currently runs a clinic in Forest Grove that is located inside of a nursing facility. She visits a few other communities in Beaverton, Nehalem and now the care center in Astoria. She thoroughly enjoys coming to this area to work with our residents at the care center.

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Mike Aho asked how often is Kara at the care center? Kara Cooper commented that she is there once per month and then has multiple telehealth calls to remotely check in on residents when it's needed.

Kara Cooper commented that Dr. Flores, who is a geriatrician, must see the residents once per month as well to fulfill the physician requirement for Medicaid. Dr. Flores is very hands on and enjoys the work that she does. Kimberley Sornson commented that all faxes, changes in care or any other needs go through Kara Cooper's office.

Linda Crandell commented that in the board by laws there needs to be a presentation once per year from the Medical Director, that can be planned for later this year. Kara agreed to come back and make a report.

#### V. ADMINISTRATION REPORTS

- A. Kendra Webb provided an update on Clatsop Care Health and Rehabilitation. Please see her report for details.

Kendra Webb commented that she has been at the care center for a month today and is enjoying it. The census is currently at 30 and the CNA class will start on April 10<sup>th</sup> with 6 students confirmed. Staffing is also being worked on and we have hired 2 nurses.

Linda Crandell asked if we are still needing 2 more additional nurses? Kendra Webb commented yes, we are need of two more nurses.

Mike Aho asked how many agency nurses are there currently? Kendra Webb commented that there are 2, which is why we are in need of 2 more nurses, to take over for the agency.

- B. Lauren Beard provided an update on Clatsop Retirement Village. Please see her report for details.

Lauren Bread commented that the housekeeper gave their two weeks' notice and there have been almost 15 applications for the position, which is unheard of usually.

Mike Aho asked what the census is currently. Lauren Beard commented that the census is 55, one resident transferred to the ICF at the care center.

- C. Hannah Ross provided an update on Clatsop Care Memory Community. Please see her report for details.

Hannah Ross commented that the census is at 29 residents. There is 33 staff members now, one caregiver stopped coming to work, so working to fill a few positions.

Mike Aho asked how the residents responded to the staff not having to wear masks? Hannah Ross commented that they were all so happy and you can tell that it has made a big difference.



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- D. Debi Martin provided an update on In home Care. Please see her report for details.

Debi Martin commented that there hasn't been any word from about the OPI. Linda Crandell commented that it had been approved by the NWSDS board on Thursday, notice will be forthcoming

Mike Aho asked what the March hours will be? Debi Martin commented that they will be around 1440 but he official number will come from Melissa Schacher.

- E. Michael Martin provided an update for marketing. Please see his report for details.

Michael Martin commented that yard signs for the ballot measure are being handed out. So far there have been 50 already handed out and another 30 are on their way. There are single sheets made up that can be handed out to people you know and have great talking points on them.

Mike Aho asked how the response has been when you have talked about the measure to different groups? Michael Martin commented that it has gone great and been received well by everyone.

Linda Crandell asked if there was another meeting for the Foundation? Michael Martin commented that he and Mary Nauha met and went over some final pieces for the Foundation. At the May meeting they will be able to present all of the articles and what has been amended to the board. Michael Martin commented that they are fixing the language to include the new entities of the health district and narrowing down the mission of the Foundation.

- F. Mark Remley provided an update on Clatsop Care Health District. Please see his report for details.

Kimberly Sornson commented that masks went away in the facilities on April 3<sup>rd</sup>, 2023. The guidelines are if our transmission rates in the county go to "high", then we will need ot mask again. This is checked every Tuesday to see if masks are required. There will be signage on the inside of the building to notify staff. Masks are still available for those that continue to wear them as well.

- G. Mark Remley Financial report. Please see his report for details.

Kimberly Sornson commented that there are no changes or updates to the financials.

<b>VI. BOARD OF DIRECTORS - ACTION ITEMS</b>
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- A. Resolution #2023-08 Bank Signer

Linda Crandell commented that this resolution is to add Kendra Webb as a signer and remove Clarissa Barrick as a signer. The bank must have this for making these changes. We still are not sure if this is signed in person or electronically. The bank will be letting us know soon, now that the switch has been made from Columbia Bank to Umpqua Bank.

Chuck Meyer moved to approve the resolution and Megan Lampson seconded the motion. Linda Crandell called for a roll call vote, Megan Lampson voted aye, Melissa Watson voted aye, Chuck Meyer voted aye, Mike Aho voted aye and the chair Linda Crandell voted aye. The motion carried.

## VII. GENERAL DISCUSSION

### A. QAPI

Megan Lampson commented that they met for the Quarter 4 QAPI but there were no pinnacle reviews returned to review. Point Click Care has a new infection tracking feature with graphs and a wound feature, where a picture is able to be taken and it will measure the wound. This will aid in creating consistency from one nurse to another in measuring the wounds. They have started having Administration help in the dining rooms during breakfast and lunch, this has helped the residents receive lunch faster. Maintenance is working on a deep cleaning schedule for the facility.

Kimberly Sornson commented that Pinnacle is not returning reviews to CCC, CCMC or CRV currently. Moving forward we will start letting families know about these calls because we are paying for them and we can switch if we need to.

Stacey McKenney commented that as a family member she has never received a call from Pinnacle in the last two years. Kimberly Sornson commented that they randomly draw from the census list, so there is no guarantee that they call anyone but they aren't trying to reach back out if they are unable to reach anyone the first time.

Mike Aho asked if we are under contract with Pinnacle. Kimberly Sornson commented that we are under contract but it is a breakable contract that we can get out of. There are other vendors that we can use. Although, Pinnacle is the service most facilities like ours use.

### B. Property Update

Mike Aho commented that himself, Megan Lampson, Paul Radu and Mark Remley met online to discuss two RFP's. There are still a few questions that need to be answered. The first is do we want them to have complete control over all of this, Mark Remley is checking with Moss Adams to see what would be best on this. The second is would this be a prevailing wage project. Paul Radu mentioned in the meeting that it is a 30% increase if it is a prevailing wage project. Price points for both are both very different as well.

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Megan Lampson commented that there are a lot of companies interested in being the contractors on this project but not on managing the project.

C. CCC Priority List

Kimberly Sornson commented that we are waiting for the contractor to have the time and good weather to fix the windows. It is moving forward but the contractor is busy and the weather has not been good. The same is true for the parking lot fix, they have located where everything is and laid out the plans for where the curb and French drain will go, they just have other projects that need to be completed first.

**VIII. BOARD NOTATIONS CLOSING COMMENTS**

Megan Lampson commented that she is so impressed with how quickly Michael Martin has gotten the ballot measure pieces completed and the information out to the public.

Mike Aho commented that he agrees with everything that Megan Lampson said because it is impressive.

Linda Crandell commented that there is a vacant seat on the May ballot because Paul Radu has not filed to run again for the position. Also, May is Older Americans month and the Clatsop County Commissioners will be making a proclamation for that next month.

Kimberly Sornson commented that the Clatsop Care Health District employee party will be April 14<sup>th</sup> from 4:30pm-8:30pm at the Fort George Lovell Room.

**IX. ADJOURNMENT**

Megan Lampson made a motion to adjourn the meeting. The meeting was adjourned at 1:09PM.

  
Signature

5/4/2023  
Date

Minutes recorded by Danielle Sampson