

Weekly Menu

Clatsop Care Memory Community



	Sun 09-29-2024	Mon 09-30-2024	Tue 10-01-2024	Wed 10-02-2024	Thu 10-03-2024	Fri 10-04-2024	Sat 10-05-2024
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Ham Patty 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Herb Biscuits Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Polenta French Toast Sticks Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal Cold Cereal Fried Spam Cheesy Scrambled Eggs 100% Juice Beverage Choice
L U N C H	Honey Glazed Ham Candied Yams Skillet Cabbage Baked Roll Beverage Choice Peach Crumb Pie	Ale House Beef Seasoned Mushroom Rice Sauteed Zucchini Beverage Choice Cranberry Apple Crisp	Southwest Cheddar Meatballs Herb Mashed Potatoes Broccoli with Cheese Sauce Texas Sheet Cake	Smothered Pork Chops Rice Orzo Pilaf Fresh Capri Blend Baked Roll Beverage Choice Pineapple Blueberry Crumble	Salisbury Steak and Gravy Garlic Herb Mashed Potatoes Peas and Carrots Beverage Choice Butter Pecan Cake	Crunchy Baked Fish Macaroni and Cheese Vegetable Medley Beverage Choice Sherbet Dessert	Pork Chow Mein Fiesta Rice Stir-Fry Vegetables Spring Egg Roll Beverage Choice Ice Cream
D I N N E R	Mushroom Barley Soup Chicken Bacon Rice Bake Buttery Carrots Beverage Choice Fresh Lemon Bars	Soup Du Jour Baked Spaghetti Herb Roasted Tomatoes Garlic Breadsticks Beverage Choice Peanut Butter Cookie	Soup Du Jour Summer Cobb Salad Watermelon Baked Roll Beverage Choice Ice Cream	Navy Bean Soup Ham Salad with Crackers Dill New Potatoes Peas and Mushrooms Beverage Choice Egg Custard Pudding	Soup Du Jour Honey Mustard Deli Wrap Corn Chips Pickle Relish Plate Beverage Choice Orange Cottage Salad	Soup Du Jour Hawaiian Beef Dish Chef's Steamed Vegetable Beverage Choice Creamy Cake Bar	Soup Du Jour Breadcrumb Chicken Tenders Tater Tots Normandy Blend Beverage Choice Mixed Fruit Medley
	Week 5						

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	Sun 10-06-2024	Mon 10-07-2024	Tue 10-08-2024	Wed 10-09-2024	Thu 10-10-2024	Fri 10-11-2024	Sat 10-12-2024
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Fresh Biscuit Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Polenta Waffles Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam Banana 100% Juice Beverage Choice
L U N C H	Beef Pot Roast Boiled Red Potatoes Glazed Carrots Beverage Choice Berries and Bananas	Chicken with Mango Salsa Coconut Rice Steamed Broccoli Baked Roll Orange Poke Cake	Glazed Pork Chops Rice Orzo Pilaf Green Bean Mushroom Medley Baked Roll Beverage Choice Bread Pudding	Baked Tilapia Fillet Macaroni and Cheese Country Trio Medley Beverage Choice Raspberry Lemon Bars	Ranch Chicken Glazed Sweet Potatoes Zucchini Corn Saute Baked Roll Beverage Choice Chocolate Cream Pie	Burgundy Pork Tenderloin Lemon Rice Herb Sautéed Vegetables Beverage Choice Ice Cream	Brown Sugar Meatloaf Roasted Potato Medley Chef's Steamed Vegetable Baked Roll Beverage Choice Peach Angel Food Cake
D I N N E R	Hearty Vegetable Soup Southern Ham and Beans California Normandy Blend Fresh Cornbread Beverage Choice Chocolate Chip Cookie	Italian Vegetable Soup Sausage Tortellini Peaches Light Caesar Salad Beverage Choice Strawberry Cake	Navy Bean Soup Chicken Pilaf Casserole Mixed Vegetables Beverage Choice Ice Cream	Cream of Tomato Soup Sloppy Joes Potato Chips Coleslaw Beverage Choice Assorted Desserts	Vegetable Medley Soup Hamburger Casserole Fresh Cooked Carrots Whole Grain Bread Jello Salad	Homestyle Bean Bacon Soup Chicken Patty Sandwich Tater Tots Watermelon Carrot Raisin Salad Beverage Choice Ice Cream Sandwich	Fresh Vegetable Soup Pork and Noodle Casserole Fresh Fruit Cup Whole Green Beans Beverage Choice Chocolate Caramel Bars
	Week 1						

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	Sun 10-13-2024	Mon 10-14-2024	Tue 10-15-2024	Wed 10-16-2024	Thu 10-17-2024	Fri 10-18-2024	Sat 10-19-2024
B R E A K F A S T	Denver Omelet Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Bacon and Egg Casserole Fresh Fruit 100% Juice Whole Grain Toast	Brown Sugar French Toast Sausage Link Fresh Fruit 100% Juice	Cinnamon and Sugar Oatmeal Egg of Choice Fresh Fruit 100% Juice	Cheesy Scrambled Eggs Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	English Muffin Breakfast Sandwich Fresh Fruit 100% Juice	Buttermilk Pancakes Bacon Fresh Fruit 100% Juice
L U N C H	Green Salad Rosemary Lemon Chicken Garlic Pasta Green Beans Italian Baked Roll Vanilla Cream Pie	Green Salad Pork Tenderloin Candied Yams Roasted Brussels Sprouts Baked Roll Blueberry Coffee Cake	Green Salad Beef Tips with Sauce Herb Mashed Potatoes Chef's Steamed Vegetable Baked Roll Maple Bread Pudding	Green Salad Homestyle Turkey and Gravy Sage Stuffing Buttered Squash Baked Roll Apple Cobbler	Green Salad Cranberry Glazed Ham AuGratin Potatoes Roasted Carrots Baked Roll Spiced Pear Cake	Green Salad Meatballs with Marinara Sauce Angel Pasta Oven Roasted Broccoli Baked Roll Peanut Butter Brownie	Green Salad Garlic Broiled Chicken Breast Smashed Red Potatoes Capri Blend Baked Roll Berry Trifle
D I N N E R	Fresh Tomato Soup Grilled Cheese Sandwich Soft Fall Fruit Salad Farm Fresh Vegetables Chocolate Chip Cookie	Garden Vegetable Soup Shrimp Fettuccine Alfredo Roasted Zucchini Garlic Bread Sherbet	Navy Bean Soup Crispy BBQ Chicken Salad Fresh Cornbread Grapes	Classic Minestrone Soup Shepherd's Pie Raspberry Jello Salad Roasted Cauliflower Carrot Cake Bar	Vegetable Rice Soup Taco Cornbread Casserole Select Orange Salad Southwest Vegetable Medley Layered Pudding	Cream of Celery Soup Ham and Cheese Sliders Pineapple Coleslaw Baked Cinnamon Apples	Vegetable Macaroni Soup Pepperoni and Mushroom Pizza Assorted Fruit Tossed Vegetable Salad Crusty Garlic Bread Chocolate Chip Rice Krispies Treats
	Week 1						

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	Sun 10-20-2024	Mon 10-21-2024	Tue 10-22-2024	Wed 10-23-2024	Thu 10-24-2024	Fri 10-25-2024	Sat 10-26-2024
B R E A K F A S T	Baked Hash Browns with Bacon Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Belgian Waffle Sausage Link Fresh Fruit 100% Juice	Breakfast Burrito Fresh Fruit 100% Juice	Cinnamon French Toast Bacon Fresh Fruit 100% Juice	Breakfast Sausage Casserole Fresh Fruit 100% Juice	Blueberry Pancakes Egg of Choice Fresh Fruit 100% Juice	Creamy Oatmeal Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Green Salad Tangy Pork Roast Baked Yams Beets Baked Roll Chocolate Turtle Cake	Green Salad Chicken Fried Steak and Gravy Classic Mashed Potatoes Baby Carrots Baked Roll Pumpkin Pie	Green Salad Creamy Dill Chicken Rice Pilaf Yellow Squash and Onions Baked Roll Fruit Crisp	Green Salad Sour Cream Cheddar Baked Fish Roasted Potato Medley Seasoned Broccoli Baked Roll Lemon Mousse Dessert	Green Salad Smothered Cube Steak Buttered Noodles Peas and Mushrooms Baked Roll Grandma's Brown Sugar Cake	Green Salad Butter Crumb Chicken Parsley Potatoes California Blend Baked Roll Cherry Cheesecake	Green Salad St. Louis BBQ Pork Ribs Baked Sweet Potato Southern Green Beans Fresh Cornbread Southern Peach Cobbler
D I N N E R	Cream of Broccoli Soup Roasted Chicken and Red Potatoes Cinnamon Fruit Cup Brussels Sprouts Maple Bar	Homestyle Vegetable Soup Baked Crab Macaroni and Cheese Lemon Pepper Green Beans Fruit Toss	Basil Tomato Soup Grilled Roast Beef Sandwich Creamy Peach Salad Pickle Spear Marinated Potato Salad Peanut Butter Oatmeal Cookie	Corn Chowder Pork Medallions and Biscuits Pear Fruit Cup Mixed Vegetables Ice Cream Sandwich	Cream of Cauliflower Soup Ham and Beans Apple Salad Collard Greens Rice Pudding	Vegetable Medley Soup Taco Salad Guacamole Pineapple Cream Fruit Salad	Creamed Spinach Soup Chicken Rigatoni Fresh Fruit Salad Sauteed Zucchini Double Chocolate Chip Cookie
	Week 2						

Weekly Menu

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	Sun 10-27-2024	Mon 10-28-2024	Tue 10-29-2024	Wed 10-30-2024	Thu 10-31-2024	Fri 11-01-2024	Sat 11-02-2024
B R E A K F A S T	Oatmeal Raisin Muffin Egg of Choice Fresh Fruit 100% Juice	Ham Egg Muffin Sandwich Fresh Fruit 100% Juice	Texas French Toast Egg of Choice Fresh Fruit 100% Juice	Fried Egg Sausage Link Fresh Fruit 100% Juice Fresh Biscuit	Potato Omelet Bake Fresh Fruit 100% Juice Whole Grain Toast	Perfect Pancakes Bacon Fresh Fruit 100% Juice	Sausage Casserole Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Green Salad Meatloaf Garlic Roasted Potatoes Herb Sautéed Vegetables Baked Roll Homemade Chocolate Cream Pie	Green Salad Herb Crusted Chicken Seasoned Rice Whole Green Beans Baked Roll Fruit Cobbler	Green Salad Spiced Apple Pork Chops Homestyle Stuffing Baked Squash Baked Roll Banana Pudding Poke Cake	Green Salad Classic Salisbury Steak and Gravy Sour Cream Potatoes Country Trio Medley Baked Roll German Chocolate Brownie	Green Salad Sweet and Sour Drumsticks Easy Lo Mein Stir-Fry Vegetables Spring Egg Roll Pineapple Cream Pie	Green Salad Seasoned Parmesan Fish Steamed Red Potatoes Sautéed Spinach Baked Roll Honey Bread Pudding	Green Salad Hungarian Goulash Chef's Steamed Vegetable Baked Roll Autumn Spice Cake
D I N N E R	Fresh Vegetable Soup Shredded Pork Sandwich Fall Fruit Salad Pickled Beets and Onions Pumpkin Bread	Cream of Mushroom Soup Baked Potato with Chili Pears Green Salad No Bake Cookie	Italian Vegetable Soup Three Cheese Chicken Penne Oven Roasted Broccoli Garlic Bread Fruit Medley	Homestyle Bean Bacon Soup Fish and Chips Assorted Fruit Southern Coleslaw Strawberry Ice Cream	Garden Tomato Soup Hero Sandwich Three Bean Salad Select Peach Salad	Pasta Fagioli Soup Meat Lover's Pizza Grapes Light Caesar Salad Parmesan Breadsticks Peanut Butter M&M Cookie	Cream of Vegetable Soup Chicken Patty Sandwich Mandarin Oranges Pickle Relish Plate French Fries Applesauce Bars
	Week 3						