

WEEK 1

MONDAY (1) March 3	TUESDAY (2) March 4	WEDNESDAY (3) March 5	THURSDAY (4) March 6	FRIDAY (5) March 7	SATURDAY (6) March 8	SUNDAY (7) March 9
BREAKFAST						
Cream of Wheat Biscuit and Sausage Gravy 100% Juice with Vit. C Fruit Bar	Oatmeal Scrambled Eggs French Toast w/ Butter & Syrup 100% Juice with Vit. C Fruit Bar	Cream of Wheat Pork Sausage Links Pancake with Butter & Syrup 100% Juice with Vit. C Fruit Bar	Oatmeal Bacon Fried Eggs 100% Juice with Vit. C Fruit Bar	Cream of Wheat Boiled Eggs Muffin 100% Juice with Vit. C Fruit Bar	Oatmeal Cheese Omelet Danish Pastry 100% Juice with Vit. C Fruit Bar	Cream of Wheat Pork Sausage Patty Hash Brown Potatoes 100% Juice with Vit. C Fruit Bar
LUNCH						
Oven Fried Chicken Mashed Potatoes Green Beans Carrot Cake	Country Fried Steak Buttered Corn Seasoned Carrots Orange Slices	Bratwurst Sauerkraut Roasted Potato Medley Fruit Cup	Meatloaf with Gravy Au Gratin Potatoes Spinach Red Velvet Cake	Sweet and Sour Pork Rice Mixed Vegetables Peanut Butter Cookies	Salisbury Steak Pasta Broccoli Chocolate Pudding	Meatballs Mashed Potatoes Capri Blend Vegetables Fruit Pie
DINNER						
Macaroni and Cheese Seasoned Broccoli Bread with Butter Fruit Mix	Battered Fish Potato Wedges Coleslaw Ice Cream	Chicken Enchilada Spanish Rice Refried Beans Pineapples	Cheese Ravioli Green Beans Dinner Roll Strawberries	Shrimp Fettuccine Alfredo Green Salad Breadstick Grapes	Eggs Salad Sandwich Chips Crudites Diced Pears	Pizza Caesar Salad Garlic Bread Mandarin Oranges

WEEK 2

MONDAY (8) March 10	TUESDAY (9) March 11	WEDNESDAY (10) March 12	THURSDAY (11) March 13	FRIDAY (12) March 14	SATURDAY (13) March 15	SUNDAY (14) March 16
BREAKFAST						
Oatmeal Bacon Scrambled Eggs 100% Juice with Vit. C Fruit Bar	Cream of Wheat Cheese Omelet Raisin Toast 100% Juice with Vit. C Fruit Bar	Oatmeal Biscuit & Sausage Gravy 100% Juice with Vit. C Fruit Bar	Cream of Wheat Breakfast Sandwich 100% Juice with Vit. C Fruit Bars	Oatmeal Fried Eggs Pork Sausage Links 100% Juice with Vit. C Fruit Bar	Cream of Wheat Breakfast Burrito 100% Juice with Vit. C Fruit Bar	Oatmeal Boiled Eggs Danish Pastry 100% Juice with Vit. C Fruit Bar
LUNCH						
Herbed Baked Fish Paprika Rice Brussels Sprouts Brownie	Soft Beef Taco Spanish Rice Refried Beans Ice Cream	Baked Chicken Garden Rice Green Beans Diced Pears	Baked Cheese Tortellini Pasta Caesar Salad Garlic Bread Sherbet	Battered Fish Corn Broccoli Diced Peaches	Mushroom Chopped Steak Seasoned Potatoes Green Peas Lemon Bar	Cranberry Glazed Pork Sweet Potatoes Seasoned Carrots Angel Food Cake
DINNER						
Kielbasa Scalloped Potatoes Sauerkraut Fruit Cobbler	Swiss Spinach Quiche Sweet Potato Fries Cucumber Onion Salad Fresh Orange Slices	Deli Meat Sandwich Mixed Green Salad Chips Strawberries and Bananas	Chicken Patty on a Bun Relish Plate French Fries Fruit Cup	Spaghetti with Meatballs Italian Vegetables Garlic Breadstick Banana Cream Pie	Macaroni and Cheese Mixed Vegetables Bread with Butter Mandarin Oranges	Egg Salad Sandwich Tossed Salad Chips Snickerdoodle Cookies

WEEK 3

MONDAY (15) March 17	TUESDAY (16) March 18	WEDNESDAY (17) March 19	THURSDAY (18) March 20	FRIDAY (19) March 21	SATURDAY (20) March 22	SUNDAY (21) March 23
BREAKFAST						
Cream of Wheat Cheese Omelet Raisin Toast 100% Juice with Vit. C Fruit Bar	Oatmeal Bacon Waffle w/ Butter & Syrup 100% Juice with Vit. C Fruit Bar	Cream of Wheat Fried Eggs Croissant 100% Juice with Vit. C Fruit Bar	Oatmeal Biscuit & Sausage Gravy 100% Juice with Vit. C Fruit Bar	Cream of Wheat Breakfast Sandwich 100% Juice with Vit. C Fruit Bar	Oatmeal Pork Sausage Links French Toast w/ Butter & Syrup 100% Juice with Vit. C Fruit Bar	Cream of Wheat Scrambled Eggs Bacon 100% Juice with Vit. C Fruit Bar
LUNCH						
Corned Beef Parsley New Potatoes Cabbage and Carrots Parker House Roll Bundt Cake	Beef Stew Biscuit Mixed Green Salad Sherbet	Pulled Pork on Bun Potato Salad Seasoned Broccoli Mandarin Oranges	Battered Fish Potato Wedges Seasoned Peas Cherry Pie	Chicken Fajitas Black Beans Sauteed Onions & Peppers Ice Cream	Salisbury Steak Buttered Rice Green Beans Peaches and Creme	Chicken Tenders Tater Tots Parslied Carrots Frosted Cake
DINNER						
Smoked Sausage Rice Sauteed Onions & Peppers Pineapples	Baked Manicotti Pasta Italian Vegetables Breadstick Strawberries	Fruit & Cottage Cheese Plate Tossed Salad Peanut Butter Cookies	Cheese Ravioli Capri Blend Vegetables Garlic Bread Diced Pears	Tuna Salad Sandwich Chips Coleslaw Chocolate Pudding	Crab Cakes French Fries Breaded Zucchini Brownie	Macaroni and Cheese Tossed Salad Garlic Breadstick Fruit Mix

WEEK 4

MONDAY (22) March 24	TUESDAY (23) March 25	WEDNESDAY (24) March 26	THURSDAY (25) March 27	FRIDAY (26) March 28	SATURDAY (27) March 29	SUNDAY (28) March 30
BREAKFAST						
Oatmeal Pork Sausage Patty Fried Eggs 100% Juice with Vit. C Fruit Bar	Cream of Wheat Cheese Omelet Cinnamon Toast 100% Juice with Vit. C Fruit Bar	Oatmeal Breakfast Sandwich 100% Juice with Vit. C Fruit Bar	Cream of Wheat Waffle w/ Butter & Syrup Bacon 100% Juice with Vit. C Fruit Bars	Oatmeal Pork Sausage Links Pancake w/ Butter & Syrup 100% Juice with Vit. C Fruit Bar	Cream of Wheat Cheese Omelet Danish Pastry 100% Juice with Vit. C Fruit Bar	Oatmeal Scrambled Eggs Muffin 100% Juice with Vit. C Fruit Bar
LUNCH						
Meatloaf Mashed Potatoes Butternut Squash Diced Pears	Peppered Pork Loin Blackeye Peas Green Beans Grapes	Spaghetti with Meatballs Italian Vegetables Garlic Breadstick Ice Cream	Salisbury Steak w/ Onion Gravy Noodles Parslied Carrots Strawberry Shortcake	Pork Chop Pinto Beans Cauliflower Peaches and Creme	Sweet and Sour Chicken Rice Mixed Vegetables Snickerdoodle Cookies	Baked Ham Sweet Potatoes Brussels Sprouts Vanilla Pudding
DINNER						
Chicken Teriyaki Rice Broccoli Mandarin Oranges	Soft Beef Taco Spanish Rice Refried Beans Peaches	Kielbasa Scalloped Potatoes Sauerkraut Chocolate Chip Cookies	Turkey & Swiss Sandwich Pickled Beets Relish Plate Sherbet	Roast Beef Roasted Potato Medley Green Peas Angel Food Cake	Tuna Salad Sandwich Three Bean Salad Chips Diced Peaches	Chili with Cheese Tossed Salad Cornbread Pineapples