





	Sun 11-02-2025	Mon 11-03-2025	Tue 11-04-2025	Wed 11-05-2025	Thu 11-06-2025	Fri 11-07-2025	Sat 11-08-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Sausage Link Fresh Fruit 100% Juice	10 Grain Hot Cereal French Toast Sticks Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Whole Grain Toast Beverage Choice	Hot or Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Whole Grain Toast Beverage Choice
L U N C H	Smoky Mountain Chicken Sour Cream Potatoes Parsley Carrots Parmesan Breadsticks Beverage Choice Egg Custard Pudding	Swedish Meatballs Lemon Butter Egg Noodles Peas and Mushrooms Baked Roll Beverage Choice Creamy No Bake Pumpkin Pie	Balsamic Honey Glazed Pork Chops Candied Yams Broccoli with Cheese Sauce Beverage Choice Apple Pie	Chicken Tetrazzini Green Beans with Bacon 30 Minute Breadsticks Beverage Choice Chocolate Lush	Smothered Cube Steak Steamed Red Potatoes Maple Ginger Glazed Carrots Baked Roll Beverage Choice Sherbet	Cajun Seasoned Fish Lemon Chive Rice Chef's Steamed Vegetable Beverage Choice Banana Wafer Dessert	Baked Chicken Reuben Rice Orzo Pilaf Stir-Fry Vegetables Baked Roll Beverage Choice Banana Cake
D I N E R	Cream of Tomato Soup Grilled Three Cheese Sandwich Corn Chips Braised Cabbage and Apples Beverage Choice Classic Rice Krispies Treat	Soup Du Jour Egg Salad Croissant Potato Chips Chef's Steamed Vegetable Beverage Choice German Chocolate Brownie	Soup Du Jour Baked Ham Scalloped Potatoes Corn O'Brien Cornbread Muffin Beverage Choice Ice Cream	Soup Du Jour Tater Tot Casserole Capri Blend Beverage Choice Chocolate Chip Cookie	Soup Du Jour BBQ Pork Rib Patty Battered French Fries Chef's Steamed Vegetable Beverage Choice Rice Pudding Dessert	Soup Du Jour Kielbasa with Peppers Oven Fried Potatoes Sauerkraut with Caraway Beverage Choice Lime Chiffon Dessert	Soup Du Jour Pepperoni Pizza Blue Cheese Coleslaw Crusty Cheese Bread Beverage Choice Assorted Desserts
							Week 4



Clatsop Care Memory Community



	Sun 11-09-2025	Mon 11-10-2025	Tue 11-11-2025	Wed 11-12-2025	Thu 11-13-2025	Fri 11-14-2025	Sat 11-15-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs	Sausage 100% Juice	10 Grain Hot Cereal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Fried Spam Yogurt 100% Juice Beverage Choice
L U N C H	Dijon Pork with Apples and Cabbage Candied Yams Baked Roll Beverage Choice Fresh Banana Cream Pie	Parmesan Mashed Potatoes Garlic Carrots	Dirty Rice Garlic Green Beans Cornbread Muffin	Baked Fish Fillet Macaroni and Cheese Mixed Vegetables Beverage Choice Ice Cream	Pepper Steak Jasmine Rice Chef's Steamed Vegetable Baked Roll Beverage Choice Mixed Berry Crisp	Kielbasa with Peppers Herb Roasted Red Potatoes Sauerkraut Fresh Cornbread Beverage Choice Baked Cinnamon Apples	Country Style Pork Ribs Candied Yams Vegetable Medley Beverage Choice Fresh Banana Cream Pie
I N N E	Mixed Vegetables	Cheese Tortellini in Basil Cream Sauce Baked Parmesan Zucchini Garlic Bread Beverage Choice	Crispy BBQ Chicken Salad Bacon Ranch Pasta Salad Country Trio Medley Beverage Choice	Soup Du Jour Reuben Sandwich Tater Tots Corn O'Brien Beverage Choice Carrot Cake	Soup Du Jour Creamy Herbed Pork Chop Lemon Chive Rice Peas and Mushrooms Beverage Choice Apple Pie		Soup Du Jour Pepperoni Pizza Fall Fruit Salad Chef's Sauteed Vegetable Beverage Choice Rootbeer Floats
							Week 5







	Sun 11-16-2025	Mon 11-17-2025	Tue 11-18-2025	Wed 11-19-2025	Thu 11-20-2025	Fri 11-21-2025	Sat 11-22-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Whole Grain Toast Beverage Choice	Oatmeal Creamed Beef on Toast Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal French Toast Sticks Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Fried Spam 100% Juice Beverage Choice
L U N C H	Glazed Meatloaf Parsley Seasoned Potatoes Whole Green Beans Baked Roll Maple Bread Pudding	Ale House Beef Seasoned Mushroom Rice Baked Parmesan Zucchini Cranberry Apple Crisp	Honey Glazed Pork Chop Candied Yams Capri Blend Baked Roll Beverage Choice Peach Angel Food Cake	Three Cheese Chicken Penne Onion Roasted Potatoes Garlic Green Beans Breadsticks Beverage Choice Vanilla Cream Pie	Classic Salisbury Steak and Gravy Classic Mashed Potatoes Peas and Carrots Beverage Choice Butter Pecan Cake	Seasoned Baked Tilapia Macaroni and Cheese Vegetable Medley Beverage Choice Sherbet	Mozzarella Meatloaf Herb Roasted Red Potatoes Seasoned Peas Toasted Breadsticks Beverage Choice Yellow Cake with Fruit Topping
D I N N E R	Soup Du Jour Chicken Bacon Rice Bake Buttery Carrots Beverage Choice Whipped Pineapple Salad	Soup Du Jour French Dip Sandwich Sun Chips Balsamic Roasted Vegetables Beverage Choice Ice Cream Novelty	Soup Du Jour Southwest Cheddar Meatballs Garlic Herb Mashed Potatoes Broccoli with Cheese Sauce Beverage Choice Lemon Lush Pudding	Soup Du Jour Ham Salad with Crackers Dill New Potatoes Blue Cheese Coleslaw Beverage Choice Five Fruit Salad	Soup Du Jour Cheese Stuffed Frankfurter French Fries Pickle Relish Plate Beverage Choice Jello Fruit Salad	Soup Du Jour Pineapple Pulled Pork Slider Chef's Steamed Vegetable Beverage Choice Yellow Cupcake	Soup Du Jour Chicken Tenders Tater Tots Herb Sauteed Vegetables Beverage Choice Lemon Pumpkin Dessert
			•		•	•	Week 1







	Sun 11-23-2025	Mon 11-24-2025	Tue 11-25-2025	Wed 11-26-2025	Thu 11-27-2025	Fri 11-28-2025	Sat 11-29-2025
	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
R E	Cheesy Scrambled Eggs	Baked Pancakes	Sausage Country Gravy	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs
A	Corned Beef Hash	Cheesy Scrambled Eggs	and Biscuits	Breakfast Sausage Patty	Breakfast Ham	Sausage Link	Fried Spam
K	Hash Brown Patty	Bacon	Cheesy Scrambled Eggs	100% Juice	100% Juice	100% Juice	100% Juice
F	100% Juice	100% Juice	100% Juice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
AS	Beverage Choice	Beverage Choice	Beverage Choice				
T							
	Maple Glazed Ham	Teriyaki Chicken	Seasoned Meatballs with	Baked Fish Fillet	Hamburger Steak and	Ham and Potato Casserole	Midwest Pork Ribs
L	Candied Yams	Fried Rice	Gravy	Macaroni and Cheese	Onions	Stewed Tomatoes	Baked Beans
U	Chef's Steamed Vegetable	Stir Fry Cabbage	Buttered Noodles	Capri Blend	Classic Mashed Potatoes	Beverage Choice	Herbed Corn
N	Parmesan Breadsticks	Spring Egg Roll	Parmesan Green Beans	Beverage Choice	Mixed Vegetables	Sherbet	Cornbread Muffin
Н	Beverage Choice	Beverage Choice	Beverage Choice	Fruit Pie	Beverage Choice		Beverage Choice
	Lime Poke Cake	Fruit Yogurt Parfait	Apple Cobbler		Pumpkin Pie		Butter Pecan Cake
	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
D	Open Face Turkey	Beef Tomato and Rice	Butter Chicken	Shredded Pork on a Bun	Cold Pastrami Sandwich	Chicken Nuggets	Grilled Turkey and Swiss
I	Sandwich	Casserole	Steamed Red Potatoes	Tater Tots	Potato Chips	French Fries	Sandwich
N	Homestyle Stuffing	Southwest Vegetable	Peas and Mushrooms	Buttery Carrots	Baked Parmesan Zucchini	Chef's Steamed Vegetable	Potato Chips
N E	Capri Blend	Medley Deverage Chains	Parmesan Breadsticks	Beverage Choice	Beverage Choice	Beverage Choice	Lemon Pepper Green Beans
R	Beverage Choice	Beverage Choice	Beverage Choice	Ice Cream	Berry Oat Bars	Fruit Toss	
	Fudge Brownie	Lemon Pudding	M&M Cookie				Beverage Choice
							Chef's Dessert
							Week 2