

	Sun 11-02-2025	Mon 11-03-2025	Tue 11-04-2025	Wed 11-05-2025	Thu 11-06-2025	Fri 11-07-2025	Sat 11-08-2025
BREAKFAST	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
	Cheesy Scrambled Eggs	Sausage Country Gravy and Biscuits	Cheesy Scrambled Eggs	French Toast Sticks	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs
	Corned Beef Hash		Sausage Link	Cheesy Scrambled Eggs	Sausage Link	Breakfast Sausage Patty	Fried Spam
	100% Juice	Cheesy Scrambled Eggs	Fresh Fruit	Bacon	100% Juice	100% Juice	100% Juice
	Beverage Choice	100% Juice Beverage Choice	100% Juice	100% Juice Beverage Choice	Beverage Choice	Whole Grain Toast Beverage Choice	Whole Grain Toast Beverage Choice
LUNCH	Smoky Mountain Chicken	Swedish Meatballs	Balsamic Honey Glazed	Chicken Tetrizzini	Smothered Cube Steak	Cajun Seasoned Fish	Baked Chicken Reuben
	Sour Cream Potatoes	Lemon Butter Egg Noodles	Pork Chops	Green Beans with Bacon	Steamed Red Potatoes	Lemon Chive Rice	Rice Orzo Pilaf
	Parsley Carrots	Peas and Mushrooms	Candied Yams	30 Minute Breadsticks	Maple Ginger Glazed Carrots	Chef's Steamed Vegetable	Stir-Fry Vegetables
	Parmesan Breadsticks	Baked Roll	Broccoli with Cheese Sauce	Beverage Choice	Baked Roll	Beverage Choice	Baked Roll
	Beverage Choice	Beverage Choice	Beverage Choice	Chocolate Lush	Beverage Choice	Banana Wafer Dessert	Beverage Choice
	Egg Custard Pudding	Creamy No Bake Pumpkin Pie	Apple Pie		Sherbet		Banana Cake
DINNER	Cream of Tomato Soup	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
	Grilled Three Cheese Sandwich	Egg Salad Croissant	Baked Ham	Tater Tot Casserole	BBQ Pork Rib Patty	Kielbasa with Peppers	Pepperoni Pizza
	Corn Chips	Potato Chips	Scalloped Potatoes	Capri Blend	Battered French Fries	Oven Fried Potatoes	Blue Cheese Coleslaw
	Braised Cabbage and Apples	Chef's Steamed Vegetable	Corn O'Brien	Beverage Choice	Chef's Steamed Vegetable	Sauerkraut with Caraway	Crusty Cheese Bread
	Beverage Choice	Beverage Choice	Cornbread Muffin	Chocolate Chip Cookie	Beverage Choice	Beverage Choice	Beverage Choice
	Classic Rice Krispies Treat	German Chocolate Brownie	Ice Cream		Rice Pudding Dessert	Lime Chiffon Dessert	Assorted Desserts
							Week 4



	Sun 11-09-2025	Mon 11-10-2025	Tue 11-11-2025	Wed 11-12-2025	Thu 11-13-2025	Fri 11-14-2025	Sat 11-15-2025
BREAKFAST	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
	Cheesy Scrambled Eggs	Sausage Country Gravy and Biscuits	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheese Omelet
	Corned Beef Hash		Sausage	Bacon	Breakfast Ham	Breakfast Sausage Patty	Fried Spam
	100% Juice	Cheesy Scrambled Eggs	100% Juice	100% Juice	100% Juice	100% Juice	Yogurt
	Beverage Choice	100% Juice Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	100% Juice Beverage Choice
LUNCH	Dijon Pork with Apples and Cabbage	Bacon Cheeseburger Casserole	Louisiana Chicken	Baked Fish Fillet	Pepper Steak	Kielbasa with Peppers	Country Style Pork Ribs
	Candied Yams	Parmesan Mashed Potatoes	Dirty Rice	Macaroni and Cheese	Jasmine Rice	Herb Roasted Red Potatoes	Candied Yams
	Baked Roll	Garlic Carrots	Garlic Green Beans	Mixed Vegetables	Chef's Steamed Vegetable	Sauerkraut	Vegetable Medley
	Beverage Choice	Beverage Choice	Cornbread Muffin	Beverage Choice	Baked Roll	Fresh Cornbread	Beverage Choice
	Fresh Banana Cream Pie	Fruit Yogurt Parfait	Beverage Choice	Ice Cream	Beverage Choice	Beverage Choice	Fresh Banana Cream Pie
		Apple Cider Donut Cake		Mixed Berry Crisp	Baked Cinnamon Apples		
DINNER	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
	King Ranch Chicken Casserole	Cheese Tortellini in Basil Cream Sauce	Crispy BBQ Chicken Salad	Reuben Sandwich	Creamy Herbed Pork Chop	Stuffed Shells	Pepperoni Pizza
	Lyonnaise Potatoes	Baked Parmesan Zucchini	Bacon Ranch Pasta Salad	Tater Tots	Lemon Chive Rice	Fresh Cooked Carrots	Fall Fruit Salad
	Mixed Vegetables	Garlic Bread	Country Trio Medley	Corn O'Brien	Peas and Mushrooms	Beverage Choice	Chef's Sauteed Vegetable
	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Homemade Angel Food Cake with Fresh Berries	Beverage Choice
	Sherbet	Cream Cheese Brownie	Oatmeal Spice Raisin Cookie	Carrot Cake	Apple Pie		Rootbeer Floats
							Week 5



Weekly Menu

Clatsop Care Memory Community



	Sun 11-23-2025	Mon 11-24-2025	Tue 11-25-2025	Wed 11-26-2025	Thu 11-27-2025	Fri 11-28-2025	Sat 11-29-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash Hash Brown Patty 100% Juice Beverage Choice	Cream of Wheat Baked Pancakes Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Oatmeal Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot or Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Maple Glazed Ham Candied Yams Chef's Steamed Vegetable Parmesan Breadsticks Beverage Choice Lime Poke Cake	Teriyaki Chicken Fried Rice Stir Fry Cabbage Spring Egg Roll Beverage Choice Fruit Yogurt Parfait	Seasoned Meatballs with Gravy Buttered Noodles Parmesan Green Beans Beverage Choice Apple Cobbler	Baked Fish Fillet Macaroni and Cheese Capri Blend Beverage Choice Fruit Pie	Hamburger Steak and Onions Classic Mashed Potatoes Mixed Vegetables Beverage Choice Pumpkin Pie	Ham and Potato Casserole Stewed Tomatoes Beverage Choice Sherbet	Midwest Pork Ribs Baked Beans Herbed Corn Cornbread Muffin Beverage Choice Butter Pecan Cake
D I N N E R	Soup Du Jour Open Face Turkey Sandwich Homestyle Stuffing Capri Blend Beverage Choice Fudge Brownie	Soup Du Jour Beef Tomato and Rice Casserole Southwest Vegetable Medley Beverage Choice Lemon Pudding	Soup Du Jour Butter Chicken Steamed Red Potatoes Peas and Mushrooms Parmesan Breadsticks Beverage Choice M&M Cookie	Soup Du Jour Shredded Pork on a Bun Tater Tots Buttery Carrots Beverage Choice Ice Cream	Soup Du Jour Cold Pastrami Sandwich Potato Chips Baked Parmesan Zucchini Beverage Choice Berry Oat Bars	Soup Du Jour Chicken Nuggets French Fries Chef's Steamed Vegetable Beverage Choice Fruit Toss	Soup Du Jour Grilled Turkey and Swiss Sandwich Potato Chips Lemon Pepper Green Beans Beverage Choice Chef's Dessert
	Week 2						