

Clatsop Care Memory Community



R E A K	Grits Cheesy Scrambled Eggs	Cream of Wheat					
A S T	Corned Beef Hash 100% Juice Beverage Choice	and Biscuits Cheesy Scrambled Eggs	Denver Egg Scramble Bacon 100% Juice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Breakfast Ham Banana Half 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link Banana Half 100% Juice Beverage Choice	Hot or Cold Cereal Baked Omelet Hash Brown Patty Fried Spam Banana Half 100% Juice Beverage Choice
L U N C	Autumn Pot Roast Steamed Red Potatoes Glazed Carrots Beverage Choice Peanut Butter Pie	Gravy Garlic Mashed Potatoes Peas and Carrots Beverage Choice	Lemon Butter Egg Noodles Fresh Cooked Carrots Beverage Choice	Breaded Fish Fillet Macaroni and Cheese Herb Sauteed Vegetables Beverage Choice Fresh Apple Pie	Mini Chicken Pot Pie Onion Roasted Potatoes Chef's Steamed Vegetable Beverage Choice Cocoa Pudding	Ham and Potato Casserole Stewed Tomatoes Pan Breadsticks Beverage Choice Honey Bread Pudding	Teriyaki Chicken Delicious Rice Capri Blend Spring Egg Roll SF Harvest Spice Cake
D I I I I I I I I I I I I I I I I I I I	Soup Du Jour Chicken Enchilada Bake Spanish Rice Buttered Zucchini Flour Tortilla Beverage Choice Sherbet	Ham and Cheese Tetrazzini Chef's Steamed Vegetable Garlic Bread Beverage Choice No Bake Cookie	American Hamburger Tater Tots Watermelon Pickle Chips Reverge Choice	Soup Du Jour Bacon Swiss Quiche Greek Potatoes Stir-Fry Vegetables Beverage Choice Magic Cookie Bar			Soup Du Jour Scalloped Pork and Potatoes Broccoli with Cheese Sauce Beverage Choice Lemon Pudding Week 3







	Sun 12-07-2025	Mon 12-08-2025	Tue 12-09-2025	Wed 12-10-2025	Thu 12-11-2025	Fri 12-12-2025	Sat 12-13-2025
B R E A K F A S T	Cheesy Scrambled Eggs Corned Beef Hash	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Sausage Link Fresh Fruit 100% Juice	10 Grain Hot Cereal French Toast Sticks Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Whole Grain Toast Beverage Choice	Hot or Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Whole Grain Toast Beverage Choice
L U N C H	Smoky Mountain Chicken Sour Cream Potatoes Parsley Carrots Parmesan Breadsticks Beverage Choice Egg Custard Pudding	Swedish Meatballs Lemon Butter Egg Noodles Peas and Mushrooms Baked Roll Beverage Choice Creamy No Bake Pumpkin Pie	Balsamic Honey Glazed Pork Chops Candied Yams Broccoli with Cheese Sauce Beverage Choice Apple Pie	Chicken Tetrazzini Green Beans with Bacon 30 Minute Breadsticks Beverage Choice Chocolate Lush	Smothered Cube Steak Steamed Red Potatoes Maple Ginger Glazed Carrots Baked Roll Beverage Choice Sherbet	Cajun Seasoned Fish Lemon Chive Rice Chef's Steamed Vegetable Beverage Choice Banana Wafer Dessert	Baked Chicken Reuben Rice Orzo Pilaf Stir-Fry Vegetables Baked Roll Beverage Choice Banana Cake
D I N N E R	Cream of Tomato Soup Grilled Three Cheese Sandwich Corn Chips Braised Cabbage and Apples Beverage Choice Classic Rice Krispies Treat	Soup Du Jour Egg Salad Croissant Potato Chips Chef's Steamed Vegetable Beverage Choice German Chocolate Brownie	Soup Du Jour Baked Ham Scalloped Potatoes Corn O'Brien Cornbread Muffin Beverage Choice Ice Cream	Soup Du Jour Tater Tot Casserole Capri Blend Beverage Choice Chocolate Chip Cookie	Soup Du Jour BBQ Pork Rib Patty Battered French Fries Chef's Steamed Vegetable Beverage Choice Rice Pudding Dessert	Soup Du Jour Kielbasa with Peppers Oven Fried Potatoes Sauerkraut with Caraway Beverage Choice Lime Chiffon Dessert	Soup Du Jour Pepperoni Pizza Blue Cheese Coleslaw Crusty Cheese Bread Beverage Choice Assorted Desserts Week 4
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Clatsop Care Memory Community



	Sun 12-14-2025	Mon 12-15-2025	Tue 12-16-2025	Wed 12-17-2025	Thu 12-18-2025	Fri 12-19-2025	Sat 12-20-2025
В	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
R E	Cheesy Scrambled Eggs	Sausage Country Gravy	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheese Omelet
A	Corned Beef Hash	and Biscuits	Sausage	Bacon	Breakfast Ham	Breakfast Sausage Patty	Fried Spam
K	100% Juice	Cheesy Scrambled Eggs	100% Juice	100% Juice	100% Juice	100% Juice	Yogurt
F	Beverage Choice	100% Juice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	100% Juice
AS		Beverage Choice					Beverage Choice
T							
	Dijon Pork with Apples	Bacon Cheeseburger	Louisiana Chicken	Baked Fish Fillet	Pepper Steak	Greek Lemon Chicken	Country Style Pork Ribs
_	and Cabbage	Casserole	Dirty Rice	Macaroni and Cheese	Jasmine Rice	Herb Roasted Red Potatoes	Candied Yams
II	Candied Yams	Parmesan Mashed Potatoes	Garlic Green Beans	Mixed Vegetables	Chef's Steamed Vegetable	Stewed Tomatoes	Vegetable Medley
N	Corn	Garlic Carrots	Cornbread Muffin	Beverage Choice	Baked Roll	Fresh Cornbread	Beverage Choice
	Baked Roll	Beverage Choice	Beverage Choice	Ice Cream	Beverage Choice	Beverage Choice	Fresh Banana Cream Pie
H	Beverage Choice	Fruit Yogurt Parfait	Apple Cider Donut Cake		Mixed Berry Crisp	Baked Cinnamon Apples	11 3 011
	Fresh Banana Cream Pie						
	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
D	King Ranch Chicken	Cheese Tortellini in Basil	Crispy BBQ Chicken Salad	Reuben Sandwich	Creamy Herbed Pork Chop	Stuffed Shells	Adobo Chicken
I	Casserole	Cream Sauce	Country Trio Medley	Tater Tots	Lemon Chive Rice	Fresh Cooked Carrots	Cheesy Rice
N	Lyonnaise Potatoes	Baked Parmesan Zucchini	Toasted Breadsticks	Corn O'Brien	Peas and Mushrooms	Garlic Bread	Chef's Sauteed Vegetable
E	Mixed Vegetables	Garlic Bread	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
R	Beverage Choice	Beverage Choice	Oatmeal Spice Raisin	Carrot Cake	Apple Pie	Homemade Angel Food	Rootbeer Floats
	Sherbet	Cream Cheese Brownie	Cookie	- Carro		Cake with Fresh Berries	1
							Week 5







	Sun 12-21-2025	Mon 12-22-2025	Tue 12-23-2025	Wed 12-24-2025	Thu 12-25-2025	Fri 12-26-2025	Sat 12-27-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Whole Grain Toast Beverage Choice	Oatmeal Creamed Beef on Toast Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal French Toast Sticks Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Fried Spam 100% Juice Beverage Choice
L U N C H	Glazed Meatloaf Parsley Seasoned Potatoes Whole Green Beans Baked Roll Maple Bread Pudding	Ale House Beef Seasoned Mushroom Rice Baked Parmesan Zucchini Cranberry Apple Crisp	Honey Glazed Pork Chop Candied Yams Capri Blend Baked Roll Beverage Choice Peach Angel Food Cake	Three Cheese Chicken Penne Onion Roasted Potatoes Garlic Green Beans Breadsticks Beverage Choice Vanilla Cream Pie	Classic Salisbury Steak and Gravy Classic Mashed Potatoes Peas and Carrots Beverage Choice Butter Pecan Cake	Seasoned Baked Tilapia Macaroni and Cheese Vegetable Medley Beverage Choice Sherbet	Mozzarella Meatloaf Herb Roasted Red Potatoes Seasoned Peas Toasted Breadsticks Beverage Choice Yellow Cake with Fruit Topping
D I N N E R	Soup Du Jour Chicken Bacon Rice Bake Buttery Carrots Beverage Choice Whipped Pineapple Salad	Soup Du Jour French Dip Sandwich Sun Chips Balsamic Roasted Vegetables Beverage Choice Ice Cream Novelty	Soup Du Jour Southwest Cheddar Meatballs Garlic Herb Mashed Potatoes Broccoli with Cheese Sauce Beverage Choice Lemon Lush Pudding	Soup Du Jour Ham Salad with Crackers Dill New Potatoes Blue Cheese Coleslaw Beverage Choice Five Fruit Salad	Soup Du Jour Cheese Stuffed Frankfurter French Fries Pickle Relish Plate Beverage Choice Jello Fruit Salad	Soup Du Jour Pineapple Pulled Pork Slider Chef's Steamed Vegetable Beverage Choice Yellow Cupcake	Soup Du Jour Chicken Tenders Tater Tots Herb Sauteed Vegetables Beverage Choice Lemon Pumpkin Dessert
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	Sun 12-28-2025	Mon 12-29-2025	Tue 12-30-2025	Wed 12-31-2025	Thu 01-01-2026	Fri 01-02-2026	Sat 01-03-2026
	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
R E	Cheesy Scrambled Eggs	Baked Pancakes	Sausage Country Gravy	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs
A	Corned Beef Hash	Cheesy Scrambled Eggs	and Biscuits	Breakfast Sausage Patty	Breakfast Ham	Sausage Link	Fried Spam
	Hash Brown Patty	Bacon	Cheesy Scrambled Eggs	100% Juice	100% Juice	100% Juice	100% Juice
F	100% Juice	100% Juice		Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
AS	Beverage Choice	Beverage Choice	Beverage Choice				
T							
	Maple Glazed Ham	Teriyaki Chicken	Seasoned Meatballs with	Baked Fish Fillet	Hamburger Steak and	Ham and Potato Casserole	Midwest Pork Ribs
L	Candied Yams	Fried Rice	Gravy	Macaroni and Cheese	Onions	Stewed Tomatoes	Baked Beans
U	Chef's Steamed Vegetable	Stir Fry Cabbage	Buttered Noodles	Capri Blend	Classic Mashed Potatoes	Beverage Choice	Herbed Corn
N C H	Parmesan Breadsticks	Spring Egg Roll		Beverage Choice	Mixed Vegetables	Sherbet	Cornbread Muffin
	Beverage Choice	Beverage Choice	Beverage Choice	Fruit Pie	Beverage Choice		Beverage Choice
	Lime Poke Cake	Fruit Yogurt Parfait	Apple Cobbler		Pumpkin Pie		Butter Pecan Cake
	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
D	Open Face Turkey	Beef Tomato and Rice	Butter Chicken	Shredded Pork on a Bun	Cold Pastrami Sandwich	Chicken Nuggets	Grilled Turkey and Swiss
I	Sandwich	Casserole	Steamed Red Potatoes	Tater Tots	Potato Chips	French Fries	Sandwich
	Homestyle Stuffing	Southwest Vegetable	Peas and Mushrooms	Buttery Carrots	Baked Parmesan Zucchini	Chef's Steamed Vegetable	Potato Chips
N E R	Capri Blend	Medley	Parmesan Breadsticks	Beverage Choice	Beverage Choice	Beverage Choice	Lemon Pepper Green
	Beverage Choice	Beverage Choice	noice Beverage Choice Beverage Choice	Ice Cream	Berry Oat Bars	Fruit Toss	Beans
	Fudge Brownie	Lemon Pudding	M&M Cookie		,		Beverage Choice
			·				Chef's Dessert
							Week 2