

**WEEK 1**

<b>MONDAY</b> January 5	<b>TUESDAY</b> January 6	<b>WEDNESDAY</b> January 7	<b>THURSDAY</b> January 8	<b>FRIDAY</b> January 9	<b>SATURDAY</b> January 10	<b>SUNDAY</b> January 11
<b>BREAKFAST</b>						
Cream of Wheat Scrambled Eggs Bacon 100% Juice with Vit. C Fruit Bar	Oatmeal Biscuit & Sausage Gravy 100% Juice with Vit. C Fruit Bar	Cream of Wheat Breakfast Sandwich 100% Juice with Vit. C Fruit Bar	Oatmeal Bacon Bagel w/ Cream Cheese 100% Juice with Vit. C Fruit Bar	Cream of Wheat Pork Sausage Patty French Toast 100% Juice with Vit. C Fruit Bar	Oatmeal Scrambled Eggs Coffee Cake 100% Juice with Vit. C Fruit Bar	Cream of Wheat Fried Eggs Hash Brown Potatoes 100% Juice with Vit. C Fruit Bar
<b>LUNCH</b>						
Cranberry Glazed Pork Loin Blackeye Peas Seasoned Cauliflower Fresh Strawberries	Baked Chicken Buttered Corn Butternut Squash Coconut Cream Pie	Herb Baked Fish Bowtie Pasta Broccoli w/ Cheese Sauce Mandarin Oranges	Breaded Pork Chop Mashed Potatoes Seasoned Zucchini Banana Cream Pie	Chicken Paprika Rice Pilaf Seasoned Carrots Cookies	Lasagna Garlic Bread Caesar Salad Ice Cream Sandwich	Roast Turkey Stuffing Green Beans Pumpkin Pie
<b>DINNER</b>						
Salisbury Steak Baked Potato Lemon Buttered Broccoli Brownie	Soft Beef Taco Black Beans Spanish Rice Cinnamon Apples	Turkey Sandwich Relish Plate Chips Sherbet	Macaroni and Cheese Seasoned Peas Bread with Butter Grapes	Hamburger on Bun French Fries Relish Plate Pineapples	Smoked Sausage Sautéed Onions & Peppers Seasoned Potatoes Fruit Mix	Pizza Tossed Salad Garlic Breadstick Mandarin Oranges

**WEEK 2**

<b>MONDAY</b> January 12	<b>TUESDAY</b> January 13	<b>WEDNESDAY</b> January 14	<b>THURSDAY</b> January 15	<b>FRIDAY</b> January 16	<b>SATURDAY</b> January 17	<b>SUNDAY</b> January 18
<b>BREAKFAST</b>						
Oatmeal Cheese Omelet Raisin Toast 100% Juice with Vit. C Fruit Bar	Cream of Wheat Breakfast Sandwich 100% Juice with Vit. C Fruit Bar	Oatmeal Scrambled Eggs w/ Cheese Danish Pastry 100% Juice with Vit. C Fruit Bar	Cream of Wheat Pancakes Pork Sausage Links 100% Juice with Vit. C Fruit Bars	Oatmeal Bacon French Toast 100% Juice with Vit. C Fruit Bar	Cream of Wheat Hash Brown Potatoes Fried Eggs 100% Juice with Vit. C Fruit Bar	Oatmeal Waffle Pork Sausage Patty 100% Juice with Vit. C Fruit Bar
<b>LUNCH</b>						
Ham w/ Pineapples Sweet Potatoes Brussels Sprouts Fresh Fruits	Soft Beef Taco Refried Beans Spanish Rice Brownie	Cheeseburger on Bun Tater Tots Relish Plate Ice Cream Sandwich	BBQ Pulled Pork on Bun Baked Beans Potato Salad Diced Peaches	Country Fried Steak Buttered Corn Seasoned Carrots Banana Cream Pie	Garlic Pepper Pork Cubes Herbed Orzo Pasta Seasoned Beets Frosted Cake	Oven Fried Chicken Macaroni and Cheese Winter Mix Vegetables Cookies
<b>DINNER</b>						
Shrimp Scampi Orzo Pasta Seasoned Broccoli Vanilla Pudding	Vegetable Quiche Tossed Salad Muffin Fresh Strawberries	Apple Pork Chop Steamed Rice Green Beans Diced Pears	Cheese Ravioli w/ Marinara Seasoned Zucchini Garlic Bread Lemon Poke Cake	Chicken Fried Rice Asian Vegetables Egg Roll Mandarin Oranges	Sloppy Joe on Bun Coleslaw Baked Potato Wedges Sherbet	Salmon Patty Parslied Rice Seasoned Zucchini Fruit Mix

**WEEK 3**

<b>MONDAY</b> January 19	<b>TUESDAY</b> January 20	<b>WEDNESDAY</b> January 21	<b>THURSDAY</b> January 22	<b>FRIDAY</b> January 23	<b>SATURDAY</b> January 24	<b>SUNDAY</b> January 25
<b>BREAKFAST</b>						
Cream of Wheat Breakfast Burrito 100% Juice with Vit. C Fruit Bar	Oatmeal Pork Sausage Links French Toast 100% Juice with Vit. C Fruit Bar	Cream of Wheat Scrambled Eggs w/ Peppers Bacon 100% Juice with Vit. C Fruit Bar	Oatmeal Biscuit & Sausage Gravy 100% Juice with Vit. C Fruit Bar	Cream of Wheat Cheese Omelet Danish Pastry 100% Juice with Vit. C Fruit Bar	Oatmeal Breakfast Sandwich 100% Juice with Vit. C Fruit Bar	Cream of Wheat Hash Brown Potatoes Fried Eggs 100% Juice with Vit. C Fruit Bar
<b>LUNCH</b>						
Salisbury Steak Scalloped Potatoes Green Beans Lemon Bar	Tortellini w/ Cheese Sauce Mixed Vegetables Garlic Bread Sherbet	Chicken Cacciatore Buttered Noodles Parslied Cauliflower Fresh Strawberries	Country Fried Steak Mashed Potatoes w/ Gravy Seasoned Broccoli Mandarin Oranges	Sweet & Sour Chicken Buttered Rice Asian Vegetables Diced Pears	Peppered Pork Loin Blackeye Peas Seasoned Carrots Peach Cobbler	Chili w/ Cheese Cornbread Tossed Salad Fruit Mix
<b>DINNER</b>						
Polish Sausage Penne Pasta Sauteed Onions & Peppers Pineapples	Soft Beef Taco Black Beans Spanish Rice Cinnamon Pears	Honey Glazed Pork Chop Steamed Rice Peas and Pearl Onions Peach Pie	Tuna Salad Sandwich Chips Crudites Sherbet	Country Fried Steak Buttered Corn Brussels Sprouts Tiramisu	Pizza Caesar Salad Breadstick Strawberries	Battered Fish Coleslaw Baked Potato Wedges Ice Cream Sandwich

**WEEK 4**

<b>MONDAY</b> January 26	<b>TUESDAY</b> January 27	<b>WEDNESDAY</b> January 28	<b>THURSDAY</b> January 29	<b>FRIDAY</b> January 30	<b>SATURDAY</b> January 31	<b>SUNDAY</b> February 1
<b>BREAKFAST</b>						
Oatmeal Cheese Omelet Cinnamon Toast 100% Juice with Vit. C Fruit Bar	Cream of Wheat Pork Sausage Patty French Toast 100% Juice with Vit. C Fruit Bar	Oatmeal Waffle w/ Butter & Syrup Bacon 100% Juice with Vit. C Fruit Bar	Cream of Wheat Scrambled Eggs w/ Cheese Coffee Cake 100% Juice with Vit. C Fruit Bars	Oatmeal Biscuit & Sausage Gravy 100% Juice with Vit. C Fruit Bar	Cream of Wheat Hash Brown Potatoes Fried Eggs 100% Juice with Vit. C Fruit Bar	Oatmeal Pancakes Pork Sausage Links 100% Juice with Vit. C Fruit Bar
<b>LUNCH</b>						
Shepherd's Pie Mixed Green Salad Biscuit Frosted Chocolate Cake	Soft Beef Taco Refried Beans Spanish Rice Peaches & Creme	Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Ice Cream	Sweet and Sour Chicken Parslied Rice Asian Vegetables Pineapples	Battered Fish Corn Coleslaw Cookies	Swedish Meatballs Buttered Noodles Seasoned Zucchini Diced Pears	Savory Roasted Chicken Rice Pilaf Winter Mix Vegetables Caramel Apple Bar
<b>DINNER</b>						
Cornflake Chicken Rice Pilaf Seasoned Zucchini Mandarin Oranges	Salmon Patty Buttered Corn Green Beans Strawberries & Bananas	Deli Meat Sandwich Baked Potato Wedges Relish Plate Brownie	Pizza Breadstick Caesar Salad Sherbet	Chopped Steak w/ Peppers Scalloped Potatoes Peas & Pearl Onions Diced Peaches	Egg Salad Sandwich Crudites Chips Grapes	Swiss Spinach Bake Marinated Vegetables Muffin Mandarin Oranges