



Weekly Menu

Clatsop Care Memory Community



	Sun 02-01-2026	Mon 02-02-2026	Tue 02-03-2026	Wed 02-04-2026	Thu 02-05-2026	Fri 02-06-2026	Sat 02-07-2026
B R E A K F A S T	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
	Cheesy Scrambled Eggs	Baked Pancakes	Sausage Country Gravy and Biscuits	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs
	Corned Beef Hash	Cheesy Scrambled Eggs		Breakfast Sausage Patty	Breakfast Ham	Sausage Link	Fried Spam
	Hash Brown Patty	Bacon	Cheesy Scrambled Eggs	100% Juice	100% Juice	100% Juice	100% Juice
	100% Juice	100% Juice	100% Juice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
	Beverage Choice	Beverage Choice	Beverage Choice				
L U N C H	Maple Glazed Ham	Teriyaki Chicken	Seasoned Meatballs with Gravy	Baked Fish Fillet	Hamburger Steak and Onions	Ham and Potato Casserole	Midwest Pork Ribs
	Candied Yams	Fried Rice	Buttered Noodles	Macaroni and Cheese	Stewed Tomatoes		Baked Beans
	Chef's Steamed Vegetable	Stir Fry Cabbage	Parmesan Green Beans	Capri Blend	Classic Mashed Potatoes	Beverage Choice	Herbed Corn
	Parmesan Breadsticks	Spring Egg Roll	Beverage Choice	Beverage Choice	Mixed Vegetables	Sherbet	Cornbread Muffin
	Beverage Choice	Beverage Choice	Apple Cobbler	Fruit Pie	Beverage Choice		Beverage Choice
	Lime Poke Cake	Fruit Yogurt Parfait			Pumpkin Pie		Butter Pecan Cake
D I N N E R	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
	Open Face Turkey Sandwich	Beef Tomato and Rice Casserole	Baked Parmesan Crusted Chicken	Shredded Pork on a Bun	Cold Pastrami Sandwich	Chicken Nuggets	Grilled Turkey and Swiss Sandwich
	Homestyle Stuffing	Southwest Vegetable Medley	Buttered Noodles	Tater Tots	Potato Chips	French Fries	Potato Chips
	Capri Blend	Beverage Choice	Peas and Mushrooms	Buttery Carrots	Baked Parmesan Zucchini	Chef's Steamed Vegetable	Lemon Pepper Green Beans
	Beverage Choice	Lemon Pudding	Garlic Bread	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
	Fudge Brownie		Beverage Choice	Ice Cream	Berry Oat Bars	Fruit Toss	Chef's Dessert
			M&M Cookie				



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	Sun 02-08-2026	Mon 02-09-2026	Tue 02-10-2026	Wed 02-11-2026	Thu 02-12-2026	Fri 02-13-2026	Sat 02-14-2026
B R E A K F A S T	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
	Cheesy Scrambled Eggs	Sausage Country Gravy and Biscuits	Denver Egg Scramble	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Baked Omelet
	Corned Beef Hash	Bacon		Breakfast Sausage Patty	Breakfast Ham	Sausage Link	Hash Brown Patty
	100% Juice	Cheesy Scrambled Eggs	100% Juice	100% Juice	Banana Half	Banana Half	Fried Spam
	Beverage Choice	Banana	Beverage Choice	Beverage Choice	100% Juice	Beverage Choice	Banana Half
	100% Juice	100% Juice		Beverage Choice	Beverage Choice	Beverage Choice	100% Juice
	Beverage Choice	Beverage Choice					Beverage Choice
L U N C H	Autumn Pot Roast	Country Fried Steak with Gravy	Monterey Chicken	Breaded Fish Fillet	Mini Chicken Pot Pie	Ham and Potato Casserole	Teriyaki Chicken
	Steamed Red Potatoes	Lemon Butter Egg Noodles	Macaroni and Cheese	Onion Roasted Potatoes	Stewed Tomatoes		Delicious Rice
	Glazed Carrots	Garlic Mashed Potatoes	Fresh Cooked Carrots	Herb Sauted Vegetables	Chef's Steamed Vegetable	Pan Breadsticks	Capri Blend
	Beverage Choice	Peas and Carrots	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	Spring Egg Roll
	Peanut Butter Pie	Beverage Choice	Ice Cream	Fresh Apple Pie	Cocoa Pudding	Honey Bread Pudding	SF Harvest Spice Cake
	Creamy Coconut Cake						
D I N N E R	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
	Chicken Enchilada Bake	Ham and Cheese Tetrazzini	American Hamburger	Bacon Swiss Quiche	Chicken Salad on Croissant	Chicken Melt	Scalloped Pork and Potatoes
	Spanish Rice	Chef's Steamed Vegetable	Tater Tots	Greek Potatoes	Cream and Cheese Potatoes	French Fries	
	Buttered Zucchini	Garlic Bread	Watermelon	Stir-Fry Vegetables	Herb Sauted Vegetables	Buttery Carrots	Broccoli with Cheese Sauce
	Flour Tortilla	Beverage Choice	Pickle Chips	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
	Beverage Choice	No Bake Cookie	Beverage Choice	Magic Cookie Bar	Ice Cream Sandwich	Sherbet	
	Sherbet		Fruit Medley				Lemon Pudding



Weekly Menu

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	Sun 02-15-2026	Mon 02-16-2026	Tue 02-17-2026	Wed 02-18-2026	Thu 02-19-2026	Fri 02-20-2026	Sat 02-21-2026
B R E A K F A S T	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
	Cheesy Scrambled Eggs	Sausage Country Gravy and Biscuits	Cheesy Scrambled Eggs	French Toast Sticks	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs
	Corned Beef Hash	Sausage Link	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Sausage Link	Breakfast Sausage Patty	Fried Spam
	100% Juice	Cheesy Scrambled Eggs	Fresh Fruit	Bacon	100% Juice	100% Juice	100% Juice
	Beverage Choice	100% Juice	100% Juice	100% Juice	Beverage Choice	Whole Grain Toast	Whole Grain Toast
		Beverage Choice		Beverage Choice		Beverage Choice	Beverage Choice
L U N C H	Smoky Mountain Chicken	Swedish Meatballs	Balsamic Honey Glazed Pork Chops	Chicken Tetrazzini	Smothered Cube Steak	Cajun Seasoned Fish	Baked Chicken Reuben
	Sour Cream Potatoes	Lemon Butter Egg Noodles	Candied Yams	Green Beans with Bacon	Steamed Red Potatoes	Lemon Chive Rice	Rice Orzo Pilaf
	Parsley Carrots	Peas and Mushrooms	Broccoli with Cheese	30 Minute Breadsticks	Maple Ginger Glazed Carrots	Chef's Steamed Vegetable	Stir-Fry Vegetables
	Parmesan Breadsticks	Baked Roll	Sauce	Beverage Choice	Baked Roll	Beverage Choice	Baked Roll
	Beverage Choice	Beverage Choice	Beverage Choice	Chocolate Lush	Beverage Choice	Banana Wafer Dessert	Beverage Choice
	Egg Custard Pudding	Creamy No Bake Pumpkin Pie	Apple Pie		Sherbet		Banana Cake
D I N N E R	Cream of Tomato Soup	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
	Grilled Three Cheese Sandwich	Egg Salad Croissant	Baked Ham	Tater Tot Casserole	BBQ Pork Rib Patty	Kielbasa with Peppers	Pepperoni Pizza
	Corn Chips	Potato Chips	Scalloped Potatoes	Capri Blend	Battered French Fries	Oven Fried Potatoes	Blue Cheese Coleslaw
	Chef's Steamed Vegetable	Chef's Steamed Vegetable	Corn O'Brien	Beverage Choice	Chef's Steamed Vegetable	Sauerkraut with Caraway	Crusty Cheese Bread
	Braised Cabbage and Apples	Beverage Choice	Cornbread Muffin	Chocolate Chip Cookie	Beverage Choice	Beverage Choice	Beverage Choice
	Beverage Choice	German Chocolate Brownie	Beverage Choice		Rice Pudding Dessert	Lime Chiffon Dessert	Assorted Desserts
	Classic Rice Krispies Treat		Ice Cream				

Weekly Menu

Clatsop Care Memory Community



	Sun 02-22-2026	Mon 02-23-2026	Tue 02-24-2026	Wed 02-25-2026	Thu 02-26-2026	Fri 02-27-2026	Sat 02-28-2026
B	Grits	Cream of Wheat	Oatmeal	10 Grain Hot Cereal	Polenta	Cream of Wheat	Hot or Cold Cereal
R	Cheesy Scrambled Eggs	Sausage Country Gravy	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheesy Scrambled Eggs	Cheese Omelet
E	Corned Beef Hash	and Biscuits	Sausage	Bacon	Breakfast Ham	Breakfast Sausage Patty	Fried Spam
A	100% Juice	Cheesy Scrambled Eggs	100% Juice	100% Juice	100% Juice	100% Juice	Yogurt
K	Beverage Choice	100% Juice	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice	100% Juice
F		Beverage Choice					Beverage Choice
A							
S							
T							
L	Dijon Pork with Apples and Cabbage	Bacon Cheeseburger Casserole	Louisiana Chicken	Baked Fish Fillet	Pepper Steak	Greek Lemon Chicken	Country Style Pork Ribs
U	Candied Yams	Dirty Rice	Macaroni and Cheese	Jasmine Rice	Jasmine Rice	Herb Roasted Red Potatoes	Candied Yams
N	Corn	Parmesan Mashed Potatoes	Mixed Vegetables	Chef's Steamed Vegetable	Baked Roll	Stewed Tomatoes	Vegetable Medley
C	Baked Roll	Garlic Carrots	Beverage Choice	Beverage Choice	Beverage Choice	Fresh Cornbread	Beverage Choice
H	Beverage Choice	Beverage Choice	Ice Cream		Mixed Berry Crisp	Beverage Choice	Fresh Banana Cream Pie
	Fresh Banana Cream Pie	Fruit Yogurt Parfait	Apple Cider Donut Cake			Baked Cinnamon Apples	
D	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour	Soup Du Jour
I	King Ranch Chicken Casserole	Cheese Tortellini in Basil Cream Sauce	Ranch Chicken Nuggets	Cold Pastrami Sandwich	Creamy Herbed Pork Chop	Stuffed Shells	Adobo Chicken
N	Lyonnaise Potatoes	Baked Parmesan Zucchini	French Fries	Tater Tots	Lemon Chive Rice	Fresh Cooked Carrots	Cheesy Rice
N	Mixed Vegetables	Garlic Bread	Country Trio Medley	Corn O'Brien	Peas and Mushrooms	Garlic Bread	Chef's Sauted Vegetable
E	Beverage Choice	Beverage Choice	Toasted Breadsticks	Beverage Choice	Beverage Choice	Beverage Choice	Beverage Choice
R	Sherbet	Cream Cheese Brownie	Beverage Choice	Carrot Cake	Apple Pie	Homemade Angel Food Cake with Fresh Berries	Rootbeer Floats
			Oatmeal Spice Raisin Cookie				

Week 5