

Weekly Menu

Clatsop Care Memory Community



	Sun 03-01-2026	Mon 03-02-2026	Tue 03-03-2026	Wed 03-04-2026	Thu 03-05-2026	Fri 03-06-2026	Sat 03-07-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Whole Grain Toast Beverage Choice	Oatmeal Creamed Beef on Toast Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal French Toast Sticks Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Fried Spam 100% Juice Beverage Choice
L U N C H	Glazed Meatloaf Parsley Seasoned Potatoes Whole Green Beans Baked Roll Maple Bread Pudding	Ale House Beef Seasoned Mushroom Rice Baked Parmesan Zucchini Cranberry Apple Crisp	Honey Glazed Pork Chop Candied Yams Capri Blend Baked Roll Beverage Choice Peach Angel Food Cake	Three Cheese Chicken Penne Onion Roasted Potatoes Garlic Green Beans Breadsticks Beverage Choice Vanilla Cream Pie	Classic Salisbury Steak and Gravy Classic Mashed Potatoes Peas and Carrots Beverage Choice Butter Pecan Cake	Tangy Baked Fish Fillets Macaroni and Cheese Vegetable Medley Beverage Choice Sherbet	Mozzarella Meatloaf Herb Roasted Red Potatoes Seasoned Peas Toasted Breadsticks Beverage Choice Yellow Cake with Fruit Topping
D I N N E R	Soup Du Jour Chicken Bacon Rice Bake Buttery Carrots Beverage Choice Whipped Pineapple Salad	Soup Du Jour French Dip Sandwich Sun Chips Balsamic Roasted Vegetables Beverage Choice Ice Cream Novelty	Soup Du Jour Southwest Cheddar Meatballs Garlic Herb Mashed Potatoes Broccoli with Cheese Sauce Beverage Choice Lemon Lush Pudding	Soup Du Jour Ham Salad with Crackers Dill New Potatoes Blue Cheese Coleslaw Beverage Choice Five Fruit Salad	Soup Du Jour Cheese Stuffed Frankfurter French Fries Pickle Relish Plate Beverage Choice Jello Fruit Salad	Soup Du Jour Pineapple Pulled Pork Slider Chef's Steamed Vegetable Beverage Choice Yellow Cupcake	Soup Du Jour Chicken Tenders Tater Tots Herb Sautéed Vegetables Beverage Choice Lemon Pumpkin Dessert
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	Sun 03-08-2026	Mon 03-09-2026	Tue 03-10-2026	Wed 03-11-2026	Thu 03-12-2026	Fri 03-13-2026	Sat 03-14-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash Hash Brown Patty 100% Juice Beverage Choice	Cream of Wheat Baked Pancakes Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Oatmeal Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot or Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Maple Glazed Ham Candied Yams Chef's Steamed Vegetable Parmesan Breadsticks Beverage Choice Lime Poke Cake	Teriyaki Chicken Fried Rice Stir Fry Cabbage Spring Egg Roll Beverage Choice Fruit Yogurt Parfait	Seasoned Meatballs with Gravy Buttered Noodles Parmesan Green Beans Beverage Choice Apple Cobbler	Baked Fish Fillet Macaroni and Cheese Capri Blend Beverage Choice Fruit Pie	Hamburger Steak and Onions Classic Mashed Potatoes Mixed Vegetables Beverage Choice Pumpkin Pie	Ham and Potato Casserole Stewed Tomatoes Beverage Choice Sherbet	Midwest Pork Ribs Baked Beans Herbed Corn Cornbread Muffin Beverage Choice Butter Pecan Cake
D I N N E R	Soup Du Jour Open Face Turkey Sandwich Homestyle Stuffing Capri Blend Beverage Choice Fudge Brownie	Soup Du Jour Beef Tomato and Rice Casserole Southwest Vegetable Medley Beverage Choice Lemon Pudding	Soup Du Jour Baked Parmesan Crusted Chicken Buttered Noodles Peas and Mushrooms Garlic Bread Beverage Choice M&M Cookie	Soup Du Jour Shredded Pork on a Bun Tater Tots Buttery Carrots Beverage Choice Ice Cream	Soup Du Jour Cold Pastrami Sandwich Potato Chips Baked Parmesan Zucchini Beverage Choice Berry Oat Bars	Soup Du Jour Chicken Nuggets French Fries Chef's Steamed Vegetable Beverage Choice Fruit Toss	Soup Du Jour Grilled Turkey and Swiss Sandwich Potato Chips Lemon Pepper Green Beans Beverage Choice Chef's Dessert

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	Sun 03-15-2026	Mon 03-16-2026	Tue 03-17-2026	Wed 03-18-2026	Thu 03-19-2026	Fri 03-20-2026	Sat 03-21-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs Banana 100% Juice Beverage Choice	Oatmeal Denver Egg Scramble Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Breakfast Ham Banana Half 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link Banana Half 100% Juice Beverage Choice	Hot or Cold Cereal Baked Omelet Hash Brown Patty Fried Spam Banana Half 100% Juice Beverage Choice
L U N C H	Autumn Pot Roast Steamed Red Potatoes Glazed Carrots Beverage Choice Peanut Butter Pie	Country Fried Steak with Gravy Garlic Mashed Potatoes Peas and Carrots Baked Roll Beverage Choice Creamy Coconut Cake	Monterey Chicken Lemon Butter Egg Noodles Fresh Cooked Carrots Beverage Choice Ice Cream	Breaded Fish Fillet Macaroni and Cheese Herb Sauteed Vegetables Beverage Choice Fresh Apple Pie	Mini Chicken Pot Pie Onion Roasted Potatoes Chef's Steamed Vegetable Beverage Choice Cocoa Pudding	Ham and Potato Casserole Stewed Tomatoes Pan Breadsticks Beverage Choice Honey Bread Pudding	Teriyaki Chicken Delicious Rice Capri Blend Spring Egg Roll SF Harvest Spice Cake
D I N N E R	Soup Du Jour Chicken Enchilada Bake Spanish Rice Buttered Zucchini Flour Tortilla Beverage Choice Sherbet	Soup Du Jour Ham and Cheese Tetrizzini Chef's Steamed Vegetable Garlic Bread Beverage Choice No Bake Cookie	Soup Du Jour American Hamburger Tater Tots Watermelon Pickle Chips Beverage Choice Fruit Medley	Soup Du Jour Bacon Swiss Quiche Greek Potatoes Stir-Fry Vegetables Beverage Choice Magic Cookie Bar	Soup Du Jour Chicken Salad on Croissant Cream and Cheese Potatoes Herb Sauteed Vegetables Beverage Choice Ice Cream Sandwich	Soup Du Jour Chicken Melt French Fries Buttery Carrots Beverage Choice Sherbet	Soup Du Jour Scalloped Pork and Potatoes Broccoli with Cheese Sauce Beverage Choice Lemon Pudding

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	Sun 03-22-2026	Mon 03-23-2026	Tue 03-24-2026	Wed 03-25-2026	Thu 03-26-2026	Fri 03-27-2026	Sat 03-28-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Sausage Link Fresh Fruit 100% Juice	10 Grain Hot Cereal French Toast Sticks Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Whole Grain Toast Beverage Choice	Hot or Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Whole Grain Toast Beverage Choice
L U N C H	Smoky Mountain Chicken Sour Cream Potatoes Parsley Carrots Parmesan Breadsticks Beverage Choice Egg Custard Pudding	Swedish Meatballs Lemon Butter Egg Noodles Peas and Mushrooms Baked Roll Beverage Choice Creamy No Bake Pumpkin Pie	Balsamic Honey Glazed Pork Chops Candied Yams Broccoli with Cheese Sauce Beverage Choice Apple Pie	Chicken Tetrizzini Green Beans with Bacon 30 Minute Breadsticks Beverage Choice Chocolate Lush	Smothered Cube Steak Steamed Red Potatoes Maple Ginger Glazed Carrots Baked Roll Beverage Choice Sherbet	Cajun Seasoned Fish Lemon Chive Rice Chef's Steamed Vegetable Beverage Choice Banana Wafer Dessert	Baked Chicken Reuben Rice Orzo Pilaf Stir-Fry Vegetables Baked Roll Beverage Choice Banana Cake
D I N E R	Cream of Tomato Soup Grilled Three Cheese Sandwich Corn Chips Braised Cabbage and Apples Beverage Choice Classic Rice Krispies Treat	Soup Du Jour Egg Salad Croissant Potato Chips Chef's Steamed Vegetable Beverage Choice German Chocolate Brownie	Soup Du Jour Baked Ham Scalloped Potatoes Corn O'Brien Cornbread Muffin Beverage Choice Ice Cream	Soup Du Jour Tater Tot Casserole Capri Blend Beverage Choice Chocolate Chip Cookie	Soup Du Jour BBQ Pork Rib Patty Battered French Fries Chef's Steamed Vegetable Beverage Choice Rice Pudding Dessert	Soup Du Jour Kielbasa with Peppers Oven Fried Potatoes Sauerkraut with Caraway Beverage Choice Lime Chiffon Dessert	Soup Du Jour Pepperoni Pizza Blue Cheese Coleslaw Crusty Cheese Bread Beverage Choice Assorted Desserts
	Week 4						

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	Sun 03-29-2026	Mon 03-30-2026	Tue 03-31-2026	Wed 04-01-2026	Thu 04-02-2026	Fri 04-03-2026	Sat 04-04-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Sausage 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Fried Spam Yogurt 100% Juice Beverage Choice
L U N C H	Dijon Pork with Apples and Cabbage Candied Yams Corn Baked Roll Beverage Choice Fresh Banana Cream Pie	Bacon Cheeseburger Casserole Parmesan Mashed Potatoes Garlic Carrots Beverage Choice Fruit Yogurt Parfait	Louisiana Chicken Dirty Rice Garlic Green Beans Cornbread Muffin Beverage Choice Apple Cider Donut Cake	Baked Fish Fillet Macaroni and Cheese Mixed Vegetables Beverage Choice Ice Cream	Pepper Steak Jasmine Rice Chef's Steamed Vegetable Baked Roll Beverage Choice Mixed Berry Crisp	Greek Lemon Chicken Herb Roasted Red Potatoes Stewed Tomatoes Fresh Cornbread Beverage Choice Baked Cinnamon Apples	Country Style Pork Ribs Candied Yams Vegetable Medley Beverage Choice Fresh Banana Cream Pie
D I N N E R	Soup Du Jour King Ranch Chicken Casserole Lyonnais Potatoes Mixed Vegetables Beverage Choice Sherbet	Soup Du Jour Cheese Tortellini in Basil Cream Sauce Baked Parmesan Zucchini Garlic Bread Beverage Choice Cream Cheese Brownie	Soup Du Jour Ranch Chicken Nuggets French Fries Country Trio Medley Toasted Breadsticks Beverage Choice Oatmeal Spice Raisin Cookie	Soup Du Jour Cold Pastrami Sandwich Tater Tots Corn O'Brien Beverage Choice Carrot Cake	Soup Du Jour Creamy Herbed Pork Chop Lemon Chive Rice Peas and Mushrooms Beverage Choice Apple Pie	Soup Du Jour Stuffed Shells Fresh Cooked Carrots Garlic Bread Beverage Choice Homemade Angel Food Cake with Fresh Berries	Soup Du Jour Adobo Chicken Cheesy Rice Chef's Sautéed Vegetable Beverage Choice Rootbeer Floats
	Week 5						