



|   | Sun 03-01-2026  | Mon 03-02-2026   | Tue 03-03-2026  | Wed 03-04-2026  | Thu 03-05-2026  | Fri 03-06-2026   | Sat 03-07-2026   |
|---|---|--|---|---|---|--|--|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T                       | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Sausage Country Gravy<br>and Biscuits<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Blueberry Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | French Toast<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee            | Buttermilk Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee |
| -   | Fruit   | Fruit  | Fruit   | Fruit   | Fruit   | Fruit  | Fruit  |
| M<br>A<br>I<br>N<br><br>M<br>E<br>A<br>L                        | Salad Bar<br>Roasted Chicken Thigh<br>Roasted Yukon Potatoes<br>Mixed Vegetables<br>Ice Cream                         | Salad Bar<br>Soup Du Jour<br>Sweet and Sour Chicken<br>Rice<br>Stir-Fry Vegetables<br>Pie of Choice                        | Salad Bar<br>Spaghetti and Meat<br>Sauce<br>Green Beans<br>Crusty Garlic Bread<br>Chef's Dessert        | Salad Bar<br>Soup Du Jour<br>Classic Beef Stew<br>Buttermilk Biscuits<br>Assorted Cookies                             | Salad Bar<br>Chicken Parmesan<br>Buttered Pasta<br>Green and Gold Beans<br>Chef's Dessert         | Salad Bar<br>New England Clam<br>Chowder<br>Garlic Butter Shrimp<br>Scampi<br>Rice Pilaf<br>Mixed Vegetables<br>Assorted Cookies | Salad Bar<br>BBQ Chicken Thigh<br>Cheesy Mashed Potatoes<br>Corn<br>Chef's Dessert                       |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit  |
| S<br>U<br>P<br>P<br>E<br>R                                      | Salad Bar<br>Hamburger 'N Fixins<br>Potato Wedges<br>Assorted Desserts  | Salad Bar<br>Soup Du Jour<br>Apple BBQ Pulled Pork<br>Coleslaw<br>Assorted Desserts  | Salad Bar<br>Corn Dog<br>Classic Macaroni Salad<br>Assorted Desserts                                    | Salad Bar<br>Soup Du Jour<br>Classic Meatloaf<br>Garlic Herb Mashed<br>Potatoes<br>Peas<br>Assorted Desserts          | Salad Bar<br>Soft Taco<br>Tortilla Chips and Salsa<br>Assorted Desserts                           | Salad Bar<br>New England Clam<br>Chowder<br>Chicken Pesto Pasta<br>Seasoned Broccoli<br>Assorted Desserts                        | Salad Bar<br>Roast Beef Poor Boy<br>Chips<br>Pickle Spear<br>Assorted Desserts                           |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit  |
| Menu Subject to Change Without Notice - Executive Chef, Donovan |   |  |   |   |   |  | Week 1   |



|   | Sun 03-08-2026  | Mon 03-09-2026   | Tue 03-10-2026  | Wed 03-11-2026  | Thu 03-12-2026  | Fri 03-13-2026  | Sat 03-14-2026   |
|---|---|--|---|---|---|---|--|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T                       | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Sausage Country Gravy<br>and Biscuits<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Blueberry Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | French Toast<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee   | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Buttermilk Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee     |
| -   | Fruit   | Fruit  | Fruit   | Fruit   | Fruit   | Fruit   | Fruit  |
| M<br>A<br>I<br>N<br><br>M<br>E<br>A<br>L                        | Salad Bar<br>Baked Ham<br>Scalloped Potatoes<br>Butternut Squash<br>Ice Cream   | Salad Bar<br>Soup Du Jour<br>Chinese Orange Chicken<br>Fried Rice<br>Stir-Fry Vegetables<br>Pie of Choice                  | Salad Bar<br>English Pub Steak<br>Classic Mashed Potatoes<br>Buttery Carrots<br>Chef's Dessert          | Salad Bar<br>Soup Du Jour<br>Marinated Pork Roast<br>Red Potatoes<br>Mixed Vegetables<br>Assorted Cookies             | Salad Bar<br>Marinated Flank Steak<br>Classic Mashed Potatoes<br>Peas and Carrots<br>Chef's Dessert | Salad Bar<br>New England Clam<br>Chowder<br>Fish and Chips<br>French Fries<br>Coleslaw<br>Assorted Cookies            | Salad Bar<br>Baked Chicken Thigh<br>with Chicken Gravy<br>Sage Stuffing<br>Buttery Carrots<br>Chef's Dessert |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  |
| S<br>U<br>P<br>P<br>E<br>R                                      | Salad Bar<br>Waffle and Sausage<br>Dinner<br>Strawberry Topping<br>Assorted Desserts                                  | Salad Bar<br>Creamy Tomato Bisque<br>Grilled Cheese<br>Sandwich<br>Chips<br>Assorted Desserts                              | Salad Bar<br>All Beef Hot Dog<br>Potato Salad<br>Assorted Desserts                                      | Salad Bar<br>Soup Du Jour<br>Three Cheese Turkey<br>Tetrazzini<br>Steamed Broccoli<br>Assorted Desserts               | Salad Bar<br>Chicken Enchiladas<br>Spanish Rice<br>Refried Beans<br>Assorted Desserts               | Salad Bar<br>New England Clam<br>Chowder<br>Sloppy Joes<br>Potato Wedges<br>Assorted Desserts                         | Salad Bar<br>BLT Wrap<br>Fresh Fruit<br>Assorted Desserts  |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  |
| Menu Subject to Change Without Notice - Executive Chef, Donovan |   |  |   |   |   |   | Week 2   |



|   | Sun 03-15-2026  | Mon 03-16-2026   | Tue 03-17-2026  | Wed 03-18-2026   | Thu 03-19-2026  | Fri 03-20-2026  | Sat 03-21-2026   |
|---|---|--|---|--|---|---|--|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T                       | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Sausage Country Gravy<br>and Biscuits<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Blueberry Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee          | French Toast<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee           | Buttermilk Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee |
| -   | Fruit   | Fruit  | Fruit   | Fruit  | Fruit   | Fruit   | Fruit  |
| M<br>A<br>I<br>N<br><br>M<br>E<br>A<br>L                        | Salad Bar<br>Beef Pot Roast<br>Classic Mashed Potatoes<br>Peas<br>Ice Cream   | Salad Bar<br>Soup Du Jour<br>Sweet and Sour<br>Meatballs<br>Rice<br>Mixed Vegetables<br>Baked Roll<br>Pie of Choice        | Salad Bar<br>Creamy Herbed Pork<br>Chop<br>Yukon Potatoes<br>Baby Carrots<br>Chef's Dessert             | Salad Bar<br>Soup Du Jour<br>Ground Beef Stroganoff<br>Buttered Noodles<br>Corn<br>Assorted Cookies                            | Salad Bar<br>Chicken A La King<br>Buttermilk Biscuits<br>Chef's Dessert                           | Salad Bar<br>New England Clam<br>Chowder<br>Fried Shrimp with<br>Cocktail Sauce<br>Baked Potato<br>Coleslaw<br>Assorted Cookies | Salad Bar<br>Creamy Chicken over<br>Noodles<br>Seasoned Broccoli<br>Chef's Dessert                       |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  |
| S<br>U<br>P<br>P<br>E<br>R                                      | Salad Bar<br>Chili Dog<br>Curly Fries<br>Assorted Desserts  | Salad Bar<br>Soup Du Jour<br>Ham and Cheese Quiche<br>Fresh Fruit<br>Assorted Desserts                                     | Salad Bar<br>Chicken Tenders<br>Potato Wedges<br>Assorted Desserts                                      | Salad Bar<br>Soup Du Jour<br>Creamy Garlic Chicken<br>and Gnocchi<br>Herb Roasted Tomatoes<br>Breadsticks<br>Assorted Desserts | Salad Bar<br>Baked Spaghetti<br>Green Beans<br>Garlic Texas Toast<br>Assorted Desserts            | Salad Bar<br>New England Clam<br>Chowder<br>Roasted Turkey<br>Homestyle Stuffing<br>Peas<br>Assorted Desserts                   | Salad Bar<br>Chicken Quesadillas<br>Spanish Rice<br>Refried Beans<br>Assorted Desserts                   |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  |
| Menu Subject to Change Without Notice - Executive Chef, Donovan |   |  |   |  |   |   | Week 3   |



|   | Sun 03-22-2026  | Mon 03-23-2026   | Tue 03-24-2026  | Wed 03-25-2026  | Thu 03-26-2026  | Fri 03-27-2026   | Sat 03-28-2026   |
|---|---|--|---|---|---|--|--|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Sausage Country Gravy<br>and Biscuits<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Blueberry Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | French Toast<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee        | Buttermilk Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee |
| -   | Fruit   | Fruit  | Fruit   | Fruit   | Fruit   | Fruit  | Fruit  |
| M<br>A<br>I<br>N<br><br>M<br>E<br>A<br>L  | Salad Bar<br>Baked Chicken Thigh<br>Roasted Yukon Potatoes<br>Green Beans<br>Ice Cream                                | Salad Bar<br>Soup Du Jour<br>Kielbasa and Cabbage<br>Scalloped Potatoes<br>Pie of Choice                                   | Salad Bar<br>Beef Tips in Gravy<br>Buttered Noodles<br>Fresh Cooked Zucchini<br>Chef's Dessert          | Salad Bar<br>Soup Du Jour<br>Crispy Fried Chicken<br>Mashed Potatoes and<br>Gravy<br>Corn<br>Assorted Cookies         | Salad Bar<br>Corned Beef Brisket<br>Boiled Red Potatoes<br>Braised Cabbage<br>Chef's Dessert      | Salad Bar<br>New England Clam<br>Chowder<br>Lemon Baked Cod<br>Rice Pilaf<br>Mixed Vegetables<br>Assorted Cookies            | Salad Bar<br>BBQ Pork Tenderloin<br>Cheesy Scalloped<br>Potatoes<br>Chef's Steamed<br>Vegetable          |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit  |
| S<br>U<br>P<br>P<br>E<br>R                | Salad Bar<br>Deluxe Hamburger<br>Tater Tots<br>Ice Cream  | Salad Bar<br>Soup Du Jour<br>Ham and Cheese Hoagie<br>Chips<br>Assorted Desserts   | Salad Bar<br>Chili<br>Cornbread<br>Assorted Desserts  | Salad Bar<br>Soup Du Jour<br>Nachos<br>Assorted Desserts  | Salad Bar<br>Beef and Broccoli<br>Delicious Rice<br>Assorted Desserts                             | Salad Bar<br>New England Clam<br>Chowder<br>Baked Macaroni and<br>Cheese<br>Chef's Steamed<br>Vegetable<br>Assorted Desserts | Salad Bar<br>Meat Lover's Pizza<br>Assorted Desserts   |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit  |



|   | Sun 03-29-2026  | Mon 03-30-2026   | Tue 03-31-2026  | Wed 04-01-2026  | Thu 04-02-2026  | Fri 04-03-2026  | Sat 04-04-2026   |
|---|---|--|---|---|---|---|--|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T                       | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Country Gravy and<br>Biscuits<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Blueberry Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | French Toast<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee   | Skillet Eggs with Hash<br>Browns<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee | Buttermilk Pancakes<br>Oatmeal<br>Bacon<br>Egg of Choice<br>Assorted Juices<br>Toast of Choice<br>Coffee |
| -   | Fruit   | Fruit  | Fruit   | Fruit   | Fruit   | Fruit   | Fruit  |
| M<br>A<br>I<br>N<br><br>M<br>E<br>A<br>L                        | Salad Bar<br>Swedish Meatballs<br>Buttered Noodles<br>Mixed Vegetables<br>Ice Cream                                   | Salad Bar<br>Chicken Alfredo Pasta<br>Steamed Broccoli<br>Crusty Garlic Bread<br>Pie of Choice                     | Salad Bar<br>Honey Mustard Pork<br>Baked Yams<br>Braised Cabbage<br>Chef's Dessert                      | Salad Bar<br>Chicken with Creamy<br>Gravy<br>Red Potatoes<br>Buttery Carrots<br>Assorted Cookies                      | Salad Bar<br>Country Fried Steak<br>with Gravy<br>Classic Mashed Potatoes<br>Corn<br>Chef's Dessert | Salad Bar<br>New England Clam<br>Chowder<br>Shrimp Tempura<br>Lemon Rice<br>Spinach<br>Assorted Cookies               | Salad Bar<br>Baked Beef Ravioli<br>Seasoned Broccoli<br>Garlic Texas Toast<br>Chef's Dessert             |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  |
| S<br>U<br>P<br>P<br>E<br>R                                      | Salad Bar<br>Chicken Patty Sandwich<br>Macaroni Salad<br>Assorted Desserts  | Salad Bar<br>Soup Du Jour<br>All Beef Hot Dog<br>Potato Salad<br>Assorted Desserts                                 | Salad Bar<br>Traditional Lasagna<br>Garlic Texas Toast<br>Assorted Desserts                             | Salad Bar<br>Soup Du Jour<br>Hamburger Gravy<br>Buttermilk Biscuits<br>Green Beans<br>Assorted Desserts               | Salad Bar<br>Chicken Salad on<br>Croissant<br>Chips<br>Assorted Desserts                            | Salad Bar<br>New England Clam<br>Chowder<br>Chicken Tenders<br>Potato Wedges<br>Assorted Desserts                     | Salad Bar<br>Classic French Dip<br>Sandwich<br>Curly Fries<br>Assorted Desserts                          |
|   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit   | Cottage Cheese and<br>Fruit  |
| Menu Subject to Change Without Notice - Executive Chef, Donovan |   |  |   |   |   |   | Week 5   |