

Weekly Menu

Clatsop Care Memory Community



	Sun 05-03-2026	Mon 05-04-2026	Tue 05-05-2026	Wed 05-06-2026	Thu 05-07-2026	Fri 05-08-2026	Sat 05-09-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Bacon 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Homemade Hash Browns 100% Juice Beverage Choice
L U N C H	Pepper Beef Tips over Rice Jasmine Rice Capri Blend Beverage Choice Fruit Marshmallow Dessert	Hawaiian Baked Chicken Fried Potatoes and Onions Chef's Steamed Vegetable Beverage Choice Raspberry Crumb Cake	Ground Beef Stroganoff Lemon Chive Rice Green Beans Baked Roll Beverage Choice Fruit Cobbler	Chicken Tetrizzini Glazed Broccoli Garlic Breadsticks Beverage Choice Apple Cake	Skillet Beef Patty with Gravy Roasted Rosemary Potatoes Chef's Steamed Vegetable Beverage Choice Key Lime Pie Bars	Cajun Catfish Rice Pilaf Lemon Glazed Carrots Beverage Choice Caramel Cake	Baked Chicken Reuben Rice Orzo Pilaf Corn O'Brien Beverage Choice Fruit Crisp
D I N N E R	Soup Du Jour Egg Salad Croissant Chips Coleslaw Beverage Choice Jello Fruit Salad	Soup Du Jour Big Island Pork Chops Lemon Butter Egg Noodles Chef's Steamed Vegetable Beverage Choice Coconut Cookie	Navy Bean Soup Baked Ham Candied Yams Watermelon Beverage Choice Creamy Cake Bar	Soup Du Jour Sweet and Sour Pork Chinese Fried Noodles Stir-Fry Vegetables Spring Egg Roll Beverage Choice Soft Snickerdoodle	Basil Tomato Soup Corn Dog BBQ Baked Beans Chef's Sauteed Vegetable Beverage Choice Fudge Bar	Soup Du Jour Kielbasa with Peppers Herb Roasted Red Potatoes Chef's Steamed Vegetable Fresh Cornbread Beverage Choice Citrus Banana Salad	Soup Du Jour Mozzarella Mini Pizzas Blue Cheese Coleslaw Crusty Cheese Bread Beverage Choice Ice Cream
	Week 4						

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	Sun 05-10-2026	Mon 05-11-2026	Tue 05-12-2026	Wed 05-13-2026	Thu 05-14-2026	Fri 05-15-2026	Sat 05-16-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Breakfast Ham 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Bacon 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Bacon 100% Juice Whole Grain Toast Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Hot or Cold Cereal Cheese Omelet Fried Spam 100% Juice Beverage Choice
L U N C H	Brown Sugar Meatloaf Steamed Red Potatoes Broccoli and Cauliflower Beverage Choice Dutch Apple Pie	Fiesta Lime Chicken Classic Macaroni Salad Chef's Steamed Vegetable Beverage Choice White Almond Cake	Creamy Herbed Pork Chop Lemon Chive Rice Normandy Blend Beverage Choice Fruit Yogurt Parfait	Three Cheese Turkey Tetrazzini Glazed Baby Carrots Baked Roll Beverage Choice Pear Cobbler	Rosemary Ranch Chicken Creamy AuGratin Potatoes Whole Green Beans Beverage Choice Banana Sheet Cake	Lemon Baked Fish Macaroni and Cheese Chef's Steamed Vegetable Baked Roll Beverage Choice Angel Food Cake with Berries	Steak Fajita Spanish Rice Stir-Fry Vegetables Flour Tortilla Beverage Choice Sopapillas
D I N N E R	Soup Du Jour Fish and Chips Battered French Fries California Blend Beverage Choice Sherbet	Soup Du Jour Classic Stuffed Bell Peppers Twice Baked Potato Vegetable Medley Beverage Choice Butterscotch Bread Pudding	Tomato Basil Parmesan Soup Crispy BBQ Chicken Salad Chef's Steamed Vegetable Beverage Choice Strawberry Cake	Soup Du Jour Classic Sloppy Joes Tater Tots Chef's Steamed Vegetable Beverage Choice Popsicle Bar	Soup Du Jour Hamburger Casserole Hash Brown Bake Mixed Vegetables Beverage Choice Chocolate Chip Brownie	Soup Du Jour Bacon Cheddar Ranch Chicken Salad Chips Balsamic Roasted Vegetables Mini Croissant Roll Beverage Choice Ice Cream	Soup Du Jour Big Island Pork Chops Fried Potatoes and Onions Fresh Cooked Carrots Beverage Choice Peaches and Cream Cake
	Week 5						

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	Sun 05-17-2026	Mon 05-18-2026	Tue 05-19-2026	Wed 05-20-2026	Thu 05-21-2026	Fri 05-22-2026	Sat 05-23-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Breakfast Ham Hash Brown Patty 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Grits Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Apricot Glazed Pork Roast Candied Yams Skillet Cabbage Baked Roll Beverage Choice Dutch Apple Pie	Country Fried Steak with Pepper Gravy Garlic Mashed Potatoes Capri Blend Pan Breadsticks Beverage Choice M&M Bars	BBQ Glazed Meatballs Garlic Roasted Potatoes Sauteed Zucchini Beverage Choice Fruit Yogurt Parfait	Asian Orange Chicken Fried Rice Chef's Steamed Vegetable Beverage Choice Sherbet	Classic Lasagna Peas and Carrots Garlic Bread Beverage Choice Apple Pie	Baked Catfish Fillet Macaroni and Cheese Parmesan Green Beans Beverage Choice Peach Crisp	Honey Mustard Pork Baked Beans Broccoli with Cheese Sauce Cornbread Muffin Beverage Choice Blueberry Coffee Cake
D I N E R	Soup Du Jour Marinara Chicken Penne with Vegetables Buttered Pasta California Blend Garlic Breadsticks Beverage Choice Ice Cream	Soup Du Jour Bean and Cheese Burrito Basmati Rice Guacamole Colorful Corn Salad Beverage Choice Fresh Fruit Cup	Soup Du Jour Country Club Chicken Salad Green Beans Whole Wheat Crackers Chocolate Chip Cheesecake Bars	Soup Du Jour Spinach Pasta Carbonara Chef's Steamed Vegetable Pan Breadsticks Beverage Choice Fruit Cocktail Pudding	Soup Du Jour Ham Salad Slider Homestyle Potato Chips Coleslaw Beverage Choice Chocolate Chip Cookie	Soup Du Jour Grilled Cheese Sandwich Battered French Fries Light Summer Salad Beverage Choice Fudge Bar	Soup Du Jour Breadcrumb Chicken Tenders Tater Tots Sweet Slaw Beverage Choice Snickerdoodle Brownie
	Week 1						

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	Sun 05-24-2026	Mon 05-25-2026	Tue 05-26-2026	Wed 05-27-2026	Thu 05-28-2026	Fri 05-29-2026	Sat 05-30-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Brown Patty Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Oatmeal Baked Pancakes Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Beef and Noodle Casserole Cooked Fresh Carrots Baked Roll Beverage Choice Banana Cream Pie	Swiss Cube Steak Classic Mashed Potatoes Capri Blend Beverage Choice Cinnamon Coffee Cake	Monterey Chicken Lemon Butter Egg Noodles Herbed Corn Baked Roll Beverage Choice Apple Pie	Baked Catfish Fillet Macaroni and Cheese Garlic Green Beans Beverage Choice Popsicle Bar	Baked Lemon Chicken Rice Pilaf Chef's Steamed Vegetable Beverage Choice Banana Cake	Swedish Meatballs Parsley Noodles Corn Beverage Choice Angel Food Cake with Berries	Tangy Country Style Ribs Cowboy Baked Beans Herbed Corn Cornbread Beverage Choice Cinnamon Coffee Cake
D I N N E R	Soup Du Jour Huli Huli Pineapple Chicken Dirty Rice Chef's Steamed Vegetable Beverage Choice Lemon Cookie	Soup Du Jour Grilled Three Cheese Sandwich Battered French Fries Mixed Vegetables Beverage Choice Sour Cream Coffee Cake	Soup Du Jour Beef Cabbage Casserole Baked Beans Sweet Slaw Beverage Choice Sherbet	Soup Du Jour Hawaiian Grilled Cheese Chips Herb Sauteed Vegetables Beverage Choice Ice Cream	Soup Du Jour Ham Melt Tater Tots Peas and Mushrooms Beverage Choice Jello Salad	Soup Du Jour Sub Sandwich Corn Chips Chef's Steamed Vegetable Beverage Choice Ice Cream Sandwich	Soup Du Jour Chicken Herb Potato Casserole Herb Sauteed Vegetables Beverage Choice Sherbet
	Week 2						

Weekly Menu

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	Sun 05-31-2026	Mon 06-01-2026	Tue 06-02-2026	Wed 06-03-2026	Thu 06-04-2026	Fri 06-05-2026	Sat 06-06-2026
B R E A K F A S T	Grits Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	10 Grain Hot Cereal Cheese Omelet Fried Spam Hash Browns 100% Juice Beverage Choice
L U N C H	Honey Glazed Pork Chop Candied Yams Country Trio Medley Baked Roll Beverage Choice Apple Pie	Chicken Fried Steak and Gravy Classic Mashed Potatoes Italian Peas Garlic Breadsticks Caramel Apple Crisp	Braised Beef Tips Seasoned Rice Baked Parmesan Zucchini Baked Roll Beverage Choice Chocolate Chip Brownie	Baked Catfish Fillet Macaroni and Cheese Chef's Steamed Vegetable Beverage Choice Mixed Berry Crisp	Chicken Pot Pie Oven Fried Potatoes Broccoli Almondine Beverage Choice Ice Cream	Greek Lemon Chicken Basmati Rice Stir-Fry Vegetables Baked Roll Pineapple Shortcake	Honey Mustard Ribs Greek Potatoes Herb Roasted Tomatoes Bacon Cheddar Cornbread Muffin Beverage Choice Spice Cake
D I N N E R	Soup Du Jour Open Face Hot Turkey Sandwich Homestyle Stuffing Mixed Vegetables Peanut Butter Rice Krispies Bars	Soup Du Jour Ham Tetrazzini Honey Glazed Carrots Beverage Choice Lemon Pudding	Soup Du Jour American Hamburger Potato Salad Farm Fresh Vegetables Beverage Choice Sherbet	Soup Du Jour Classic Stuffed Peppers Onion Roasted Potatoes Green Beans Beverage Choice Popsicle Bar	Mushroom Barley Soup Cream Cheese Sub Sandwich Tater Tots Coleslaw Beverage Choice Sherbet	Soup Du Jour Chicken Taquitos Spanish Rice Buttered Zucchini Beverage Choice Banana Pudding	Soup Du Jour Ranch Chicken Nuggets Sun Chips Chef's Steamed Vegetable Beverage Choice Assorted Desserts
	Week 3						