

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change	Resident Birthdays!! Barbara A 10/2 Carl D 10/2 Ron R 10/13 Mary Lou H 10/18 Carolyn B 10/19 Jeannie P 10/26 Mike S 10/26 Karen R 10/30 Sherry G 10/30			1 10:00 Senior Flex 2 10:00 Pinochle 2East 1:00 BINGO 2 3:30 Coloring for Stress Relief 2 5:00 Movie-Residents Choice 2	2 9:45 Exercise with Jill 2 1:00 What's in the Box? (A sensory/guessing game) 2 3:00 Happy Hour- Oktoberfest; Beer, Pretzels, and Polka 2 5:00 Movie- The Breadwinner 2	3 10:00 Senior Flex 2 10:45 BINGO 2 1:30 Scenic Drive (Front lobby) 5:00 Movie-Caregivers Choice 2
4 3:00 Sunday Service 2 All other Sunday activities are self-directed	5 9:45 Exercise with Jill 2 All other Monday activities are self-directed	6 10:00 Senior Flex 2 10:30 Coffee and Current Events with Sara 2 1:30 Liberty Theatre- The Birds (Meet in lobby at 1:30) 5:00 Movie-Residents' Choice 2	7 9:45 Exercise with Jill 2 10:30 Shopping at Fred Myer (Front lobby) 1:30 Resident Council Meeting/Chef Chat 2 3:30 Noodle Ball 2 5:00 Movie- Pearl Harbor 2	8 10:00 Senior Flex 2 10:00 Pinochle 2East 1:00 BINGO 2 3:30 Reminiscing 2 5:00 Movie-Residents Choice 2	9 9:45 Exercise with Jill 2 1:00 Resident Town Hall 2 3:00 Happy Hour-Karaoke 2 5:00 Movie- The Devil Wears Prada 2	10 10:00 Senior Flex 2 10:45 BINGO 2 1:30 Art- Mountain Collages 2 5:00 Movie- Caregivers Choice 2
11 3:00 Sunday Service 2 All other Sunday activities are self-directed	12 Columbus Day/Indigenous Peoples' Day 9:45 Exercise with Jill 2 10:30 Women's Bible Study 2East 10:30 Men's Bible Study All other Monday activities are self-directed	13 SCHEDULE CHANGE 10:00 Senior Flex 2 10:30 Coffee and Current Events with Sara 2 2:00 Singing with Sybil and Lu 2 3:00 Manicures 2 5:00 Movie-Residents' Choice 2	14 A Night to Remember 9:45 Exercise with Jill 2 10:30 Word Games 2 4:00-6:30 A Night to Remember	15 NO BINGO TODAY 10:00 Senior Flex 2 10:00 Pinochle 2East 1:00 The Maritime Museum-Personal Flotation Devices 2 3:30 Coloring for Stress Relief 2 5:00 Movie-Residents' Choice 2	16 9:45 Exercise with Jill 2 1:00 What's in the Box (A sensory/guessing game) 2 3:00 Happy Hour-Music with Chris/Resident Birthday Celebration 2 5:00 Movie- When Hope Calls 2	17 10:00 Senior Flex 2 10:45 BINGO 2 1:30 Scenic Drive (Front lobby) 5:00 Movie- Caregivers Choice 2
18 3:00 Sunday Service 2 All other Sunday activities are self-directed	19 9:45 Exercise with Jill 2 All other Monday activities are self-directed	20 10:00 Senior Flex 2 10:30 Coffee and Current Events with Sara 2 Encore Concert-The Beach Boys 2 5:00 Movie-Residents' Choice 2	21 9:45 Exercise with Jill 2 10:30 Shopping at Dollar Tree 2 2:00 Manicures 2 3:30 Noodle Ball 2 5:00 Movie- The Art of Racing in the Rain 2	22 10:00 Senior Flex 2 10:00 Pinochle 2East 1:00 BINGO 2 3:30 Reminiscing 2 5:00 Movie-Residents' Choice 2	23 9:45 Exercise with Jill 2 1:00 Activities Meeting- All Welcome! 2 3:00 Happy Hour- '60s and '70s Sing-A-Long 2 5:00 Movie- Willie Wonka and the Chocolate Factory 2	24 10:00 Senior Flex 2 10:45 BINGO 2 1:30 Art-Spooky Halloween Crafts 2 5:00 Movie- Caregivers Choice 2
25 3:00 Sunday Service 2 All other Sunday activities are self-directed	26 9:45 Exercise with Jill 2 10:30 Women's Bible Study 2East 10:30 Men's Bible Study All other Monday activities are self-directed	27 10:00 Senior Flex 2 10:30 Coffee and Current Events with Sara 2 2:00 Singing with Sybil and Lu 2 5:00 Movie-Residents' Choice 2	28 9:45 Exercise with Jill 2 10:30 Word Games 2 2:00 Manicures 2 3:30 Beach Ball Volleyball 2 5:00 Movie- 9-5 2	29 10:00 Senior Flex 2 10:00 Pinochle 2East 1:00 BINGO 2 3:30 Coloring for Stress Relief 2 5:30 The Richards' Family Band 2	30 9:45 Exercise with Jill 2 1:00 What's in the Box (A sensory/guessing game) 2 3:00 Happy Hour-Halloween Trivia and Treats 2 5:00 Movie- Wednesday 2	31 Happy Halloween!! 10:00 Senior Flex 2 10:45 BINGO 2 1:00-2:30pm Trick or Treat Candy Caravan 5:00 Movie- Caregivers Choice 2